

COVID-19 OPERATIONAL PLAN

- I. Staff & Camper Training
 - A. The Health Director will conduct staff training on updated principles of emergency first aid, blood borne pathogens, infection control, hand washing practices, personal protective equipment and COVID-19 signs and symptoms.
 - B. Instruct campers on safe practices while attending camp.
- II. Screening and Admittance
 - A. Entry points
 - 1. Front entry of JMAC, 110 Culver Ave, Jersey City, NJ
 - 2. One adult to accompany camper(s)
 - 3. Daily checklist questionnaire
 - B. Symptoms
 - 1. Campers and staff must be screened for fever or signs of COVID-19 illness prior being permitted to enter the facility or participate in camp programming. Persons that have a fever of 100.4° or above or other signs of COVID-19 illness should not be admitted to the camp. Symptoms related to COVID 19 include:
 - a) Fever or chills
 - b) Cough
 - c) Shortness of breath or difficulty breathing
 - d) Fatigue
 - e) Muscle or body aches
 - f) Headaches
 - g) New loss of taste or smell
 - h) Sore throat
 - i) Congestion or runny nose
 - j) Nausea or vomiting
 - k) Diarrhea
- III. Face masks, Infection Control, & Social Distancing Strategies
 - A. Face coverings and Gloves

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- Staff and campers shall, at minimum, wear cloth face coverings when social distancing of 6 feet between individuals and/or assigned groups cannot be maintained, except where doing so would inhibit that individual's health. Additionally, staff and campers are encouraged to wear cloth face coverings unless (1) doing so would inhibit the individual's health, (2) the individual is in extreme heat outdoors, or (3) the individual is in the water.
- 2. Staff should perform proper hand washing and use gloves. Staff should wear gloves when handling or serving food to campers.
- B. Infection Control Strategies
 - 1. Staggering drop off and pick up times will be implemented to avoid large groups from congregating in one location.
 - 2. Communication and educating staff, parents, and campers in COVID-19 safety measures including:
 - a) Staying home when ill
 - b) Proper hand hygiene and respiratory etiquette
 - c) Wearing face coverings
 - d) Avoiding touching your face as much as possible
 - e) Reporting illnesses and symptoms to the camp Health Director or other healthcare personnel at the camp immediately
 - 3. Face coverings are encouraged to be worn by campers and are most essential in times when physical distancing is difficult to maintain.
 - 4. Hand wash and hand sanitizer stations will be provided in numerous areas around the camp.
 - 5. Cleaning and disinfection procedures using EPA approved disinfectants and following CDC guidance.
 - 6. Discourage sharing of items that are difficult to clean, sanitize, or disinfect.
 - 7. Institute infection control procedures for areas around the camp, including entrance, dining areas, restrooms, and other areas prone to congregation.
- C. Parents/Guardians & Visitors
 - 1. Face covering when dropping and picking up will be required.

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- IV. Protocols for Facility and Buildings Management
 - A. Policy and Procedures for Cleaning and Disinfection
 - 1. Routine daily cleaning and as much as possible of common surfaces
 - 2. Cleaning of shared objects
 - 3. Plans to ensure that an adequate supply of cleaning supplies is maintained
 - 4. Procedure for deep cleaning that follow CDC guidelines for reopening
 - B. Post Signage
 - Pictures showing (1) social distancing, (2) handwashing, (3) face coverings, and other prevention methods will be posted in various locations.
 - C. Evacuation
 - 1. When campers need to be evacuated, social distancing will be maintained as much as possible.
- V. Attendance
 - A. Indoor & Outdoor Requirements
 - 1. Staff to Camper Ratio- 1 Counselor: 10 campers
 - B. Outdoor camp requirements
 - 1. Staff to Camper Ratio- 1 Counselor: 20 campers
- VI. Protocols for Transportation Services
 - A. During bussing/transportation to and from camp, implementing social distancing by maximizing space between riders and maintaining space between the driver and the passengers
 - B. Face covering must be worn by all staff onboard buses
 - C. Open windows, except during inclement weather for ventilation
 - D. Vehicles must be cleaned and disinfected between each use
- VII. Documented policy & procedure for food service
 - A. Social distancing
 - 1. Appropriate accommodations for food storage
 - 2. Staggered times to ensure separation and avoid congregation
 - B. Hygiene and sanitation
 - 1. Staff is to wear gloves to serve
 - 2. Clean and sanitize surfaces between each meal service

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- 3. Implement proper hand washing before and after meals
- 4. Use disposable utensils and dishes.

VIII. Activities

- A. Documented policy and procedure which outlines permitted and prohibited activities
 - 1. Prohibition on contact sports or inter-group competitions.
 - 2. "Skills and drills" activities that do not involve contact and can be social distanced are not prohibited.
 - a) Focus on team skills and drills
 - b) Focus on individual skill building
 - c) Limit the time players spend in proximity to each other
 - d) Increase breaks and hydration activities
 - e) Follow CDS guidance regarding pool operations
 - 3. Educate campers and staff on sports etiquette regarding social distancing and hygiene (i.e., no spitting, high-fives, handshakes, etc.)
 - 4. Clean, disinfect and air-dry equipment after use
 - 5. Recommend face coverings for appropriately aged campers during activity, if appropriate and not in extreme hot weather

IX. Questions or Concerns

- A. Questions or concerns on the content, interpretation or application of this guidance can be directed to:
 - NJCU Community Recreation Youth Summer Camp 201-200-3093 or email at comrec@njcu.edu
 - 2. Department of Health Youth Camp Safety Project 609-913-5115 or email at youthcamps@doh.nj.gov

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