



HEALTH EDUCATION MATERIALS  
IN THE JUVENILE AND CURRICULUM COLLECTIONS  
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(a selective listing) comp. by S. Kirven



CURRICULUM COLLECTION

LESSONS AND CURRICULA

ALL GRADES

CMC LB1588.U6.T66 1999  
CMC RA440 .M43 2011  
CMC RA 440.3.U5.T66 1993

Health Teacher's Book of Lists  
Comprehensive school health education  
Consumer Health and Safety Activities

EARLY CHILDHOOD

LB1139.25 .K67 2007

CMC LB 3455.S64  
CMC RJ101.H34

CMC RJ206.E68 1998  
CMC RJ436.A8A88 1993

CMC RK55.C5.D46  
CMC TX364.H42 1989  
CMC TX355.M96 2011

Developmentally Appropriate Curriculum: Best Practices in Early Childhood Education  
SMILE: Dental Health Education for New Jersey Schools  
Healthy That's Me: A Health Guide Curriculum Guide For Head Start  
El equipo en el hogar: Folletto de actividades del Equipo Nutricion  
Asthma Awareness: Curricula for the Elementary Classroom  
Head Start: Dental Health Curriculum  
Head Start Nutrition Education Curriculum  
Serving MyPlate: A Yummy Curriculum, Grades 1-6  
(3 books also at  
[http://www.fns.usda.gov/multimedia/tn/sump\\_level1.pdf](http://www.fns.usda.gov/multimedia/tn/sump_level1.pdf))

ELEMENTARY

CMC LB1044.87 .C78 2007

CMC LB 3455.S64  
CMC RC 1230.M56 1995  
CMC RJ101.H34

CMC RJ206.E68 1998

CMC RJ436.A8A88 1993  
CMC TX355.M96 2011

Elementary teacher's guide to the best Internet resources : content, lesson plans, activities, and materials  
SMILE: Dental Health Education for New Jersey Schools  
Drug Abuse in Sports: A Student Course Manual  
Healthy That's Me: A Health Guide Curriculum Guide For Head Start  
El equipo en el hogar: Folletto de actividades del Equipo Nutricion  
Asthma Awareness: Curricula for the Elementary Classroom  
Serving MyPlate: A Yummy Curriculum, Grades 1-6  
( 3 books also at  
[http://www.fns.usda.gov/multimedia/tn/sump\\_level1.pdf](http://www.fns.usda.gov/multimedia/tn/sump_level1.pdf))

MIDDLE SCHOOL

CMC HV5808.P76 1997  
CMC RC 1230.M56 1995  
CMC RJ206.Y68 1998 kit

Project Alert: A Drug Prevention Program for Middle Grades  
Drug Abuse in Sports: A Student Course Manual  
yourSELF: Middle School Nutrition Education Kit for Teachers

HIGH SCHOOL

CMC HQ35 .F83 1994

FACTS and reasons : a comprehensive prevention program for senior high students

CMC HQ35 .F84 1994  
CMC HQ35 .W67  
CMC RC 1230.M56 1995

Teaching the FACTS of life: a comprehensive prevention curriculum for parents  
Worth the wait : sex education curriculum grades 6-12(Abstinence program)  
Drug Abuse in Sports: A Student Course Manual

## PROFESSIONAL

### General

CMC KF3826.S3 L44 2001  
CMC LB1139.35.H42.A22 1996  
CMC LB3409.U5.C477 1997  
CMC LB3409 .U5 C53 2004  
CMC LB3409.U5.H42 1995  
CMC LB3409.U5.K76 2000  
  
LB3409 .U5 M43 2004  
CMC LB3409.U5.S96 1990  
CMC LB3409.U5.W44 1996  
  
CMC RJ 48.N48 1989  
CMC RJ247.A33 1995

Legal issues in school health services : a resource for school administrators, school attorneys, school nurses  
ABC's of Safe and Healthy Child Care: A Handbook for Child Care Providers  
Children and Youth: Assisted by Medical Technology in Educational Settings: Guidelines for care  
Helping schoolchildren with chronic health conditions : a practical guide  
Healthy School Handbook: Conquering the Sick Building Schools and the Health of Children  
Syndrome and Other Environmental Hazards in and Around Your School  
(contains brief historical overview of school health programs)  
Medical problems in the classroom: the teacher's role in diagnosis and management  
Health Care Problems in the Classroom: A Reference Manual  
Providing Safe Health Care: The role of educational Support Personnel  
New School Health Handbook  
School Nurses Survival Guide: Ready to use Tips, Techniques & Materials for the School Health Professionals

### Early Childhood

CMC RJ 135.H455 1997  
CMC LB1139.35.H42.A22 1996

Handbook for the Care of Infants, Toddlers and Young Children with Disabilities and Chronic Conditions  
ABC's of Safe and Healthy Child Care: A Handbook for Child Care Providers

### Elementary

CMC LB 3409.U5.C63 1996  
CMC LB3409 .U5 H84 2003

Health in Elementary Schools  
Health problems in the classroom, preK-6: an A-Z reference guide for educators

### Middle School

CMC LB3409 .U5 H83 2003  
CMC LB3409 .U5 H84 2003

Health problems in the classroom 6-12 : an A-Z reference guide for educators  
Health problems in the classroom, preK-6: an A-Z reference guide for educators

### Secondary

CMC HQ57.5 .A3 M27 2005  
CMC LB3409 .U5 H83 2003  
CMC LB3433.C66 1987

Promoting sexual responsibility : a teen pregnancy prevention resource for school employees  
Health problems in the classroom 6-12 : an A-Z reference guide for educators  
How Schools Can Help Combat Student Pregnancy

## JUVENILE/CIRCULATING COLLECTION

### AIDS

- Juv. 927.91.Z25w Pedro and Me: Friendship, Loss and What I Learned (AIDS)  
Juv. 614.5.C583mh Medikidz explain HIV

### Anatomy and Reproduction

- Juv.301.431.P859a 2001 Am I Weird or Is This Normal?: Advice and Info to Get Teens in the Know  
Juv. 306.7.P746s 1998 Sex Smart: 501 Reasons to Hold Off on Sex  
Juv. 611B187c Cells Are Us  
Juv. 612.1.B915p Body talk: Pulse of Life: The Circulatory System  
Juv. 612.2.B915b Body Talk: Breathing  
Juv. 612.3B915d Body Talk: Digestion  
Juv. 612.6.D138t 1999 Teenage Guy's Survival Guide: The Real Deal on Girls, Growing Up, and Other Guy Stuff  
Juv.612.6.G665g Girls are Girls and Boys Are Boys- So What's the difference?  
Juv. 612.6.H315w Who has what?: All about girl's bodies and boy's bodies  
Juv. 612.6.H3161I It's So Amazing  
(Caution: This book has been subject to censorship challenges)  
Juv. 612.6.L888p 2001 Period  
Juv.612.6.M178wg What's happening to my body book-girls  
Juv.612.6.M178wb What's happening to my body book-boys  
Juv. 612.6.S536t This book is about SEX  
Juv.612.6 S559b Before You Were a Baby  
Juv. 612.63.M47w Where Did I Come From  
Juv. 612.661.D779d Deal With It: A Whole New Approach to Your Body, Brain, and Life as a gurl  
Juv. 612.661.G775w What's Going On Down There? Answers to Questions  
Boys Find Hard to Ask  
Body Talk: Movement  
Juv. 612.7.B915m The Sex Book: an alphabet of smarter love  
Juv. 613.9.P337s 2001 Sex is a funny word: A book about bodies, feelings and you.  
Juv. 613.9.S587s The Amazing True Story of a Teenage Single Mom  
Juv. 920.7.A762a

### Depression

- Juv.616.85.C852w When Nothing Else Matters Anymore:  
A Survival Guide for Depressed Teens  
Juv. 616.85.I72c Conquering the Beast Within:  
How I Fought Depression and Won...  
And How You Can, Too  
A teenager tells her inspiring story  
Juv. 618.92.C538md Medikidz explain Depression

### Disabilities and Diseases

(see also the Special Education bibliography at <http://tinyurl.com/njcuedbooks>)

- Juv. 616.3.L847g GFKid : A Celiac disease survival guide  
Juv. 616.83 A511r Russell is Extra Special: A Book About Autism for Children  
Juv.920.72.A964i Imperfect  
(Dounya, a Muslim girl living in Las Vegas, Nevada, shares her very personal story of battling eating disorders when she was a teenager, in order to help other young people suffering from this affliction.)

RJ420.D5 D66 1998

Juv. S7185j

Juv. T866m

Needles

(Juvenile Diabetes)

Just Ask: Be Different, Be Brave , Be You

(general)

Suck In Neutral

(Cerebral Palsy)

Juv. 616.2.C538wa

Juv. 616.2.C538ms

Juv. 616.8. C538we

Juv. 618.92.c538ma

Juv. 618.92 C538wd

Juv. 618.92 C 538wf

#### *Graphic Novels*

What's Up with Max? Medikidz explain Asthma

Medikidz explain Sleep Apnea

What's up with Bill? Medikidz explain Epilepsy

Medikidz explain Autism

What's up with Ella? Medikidz explain Diabetes

What's up with Paulina? Medikidz explain Food Allergies

Juv.616.97 .B189e 2010

Juv.618.92 .C538wf 2010

Juv.K8688p

#### Food Allergies

Explaining food allergies

“What's up with Paulina?” : Medikidz explain food allergies

Peanut-Free Café

(Peanut allergies in school)

Juv. 618.92.B666f

Juv. A547w

#### Food Disorders/

Food Fight: A guide to eating disorders for preteen and their parents

Wintergirls

(Anorexia nervosa)

Juv.618.92.M978a

Juv. 613.V484g

#### General

ABC Doctor: Staying healthy from A to Z

Germs are not for sharing

Juv. 613.C773t

Juv.613.4.F292

#### Hand washing

Ten potato Scrub: A Counting book About

Handwashing

Germs on Their Fingers/ Germenes en tus manos!

#### Teeth and Toothbrushing

Juv. B8733b

Juv. B9854k

Juv. D1313p

Juv. M127o

Juv.617.6.A462w

Juv.617.6.K291o

Juv.617.6 .B912

Juv. 617.6.R496t

Juv. 617.6.R892 w

L6653v

V2235

Brush your teeth, Max and Millie

King & Kayla and the case of the lost tooth

Pony Brushes his Teeth

One morning in Maine

We Like Our teeth

Open Wide: tooth school inside

Brush, Brush, brush

(Tooth-brushing)

Those Icky Sticky Smelly Cavity Causing but...Invisible germs/ Esos Sucios Pegajosos Olorosos Causantes de Caries pero...Invisibles Germenes

Why do I brush my teeth

Very Beary Tooth Fairy

Tooth Wisdom

(Explains how teeth grow and change, the many types of teeth, and how to maintain a healthy set of teeth.)

Safety and Self Defense

Juv. 305.23.M823d

Do you have a secret?

( difference between good secrets and bad secrets.)

Juv. 646.7.B336g 2003

A Girl's Gotta Do What a Girl's Gotta do: the ultimate guide to living safe and smart

Juv. 796.8.K82g

Girl Power: self defense for teens

(covers basic health, self-defense, sexual assault and dating and domestic violence)

Sports Injuries

Weyn, Suzanne

Full Impact

Juv. W5495f

(It's a full-contact sport. Norval and Arnie are two of the stars on the Southside High football team. But Arnie has been acting weird lately. And Norval isn't the only one who has noticed. When Coach Green asks Norval to watch Arnie for signs of a concussion, it sounds like spying.)