



HEALTH EDUCATION MATERIALS
IN THE JUVENILE AND CURRICULUM COLLECTIONS
OF THE CONGRESSMAN FRANK J. GUARINI LIBRARY
(a selective listing) comp. by S. Kirven



CURRICULUM COLLECTION

LESSONS AND CURRICULA

ALL GRADES

CMC LB1588.U6.T66 1999
CMC RA440 .M43 2011
CMC RA 440.3.U5.T66 1993

Health Teacher's Book of Lists
Comprehensive school health education
Consumer Health and Safety Activities

EARLY CHILDHOOD

LB1139.25 .K67 2007

CMC LB 3455.S64
CMC RJ101.H34

CMC RJ206.E68 1998
CMC RJ436.A8A88 1993

CMC RK55.C5.D46
CMC TX364.H42 1989
CMC TX355.M96 2011

Developmentally Appropriate Curriculum: Best Practices in
Early Childhood Education
SMILE: Dental Health Education for New Jersey Schools
Healthy That's Me: A Health Guide Curriculum Guide For
Head Start
El equipo en el hogar: Folletto de actividades del Equipo
Asthma Awareness: Curricula for the Elementary Classroom
Nutricion
Head Start: Dental Health Curriculum
Head Start Nutrition Education Curriculum
Serving MyPlate: A Yummy Curriculum, Grades 1-6
(3 books also at
http://www.fns.usda.gov/multimedia/tn/sump_level1.pdf)

ELEMENTARY

CMC LB1044.87 .C78 2007

CMC LB 3455.S64
CMC RC 1230.M56 1995
CMC RJ101.H34

CMC RJ206.E68 1998

CMC RJ436.A8A88 1993
CMC TX355.M96 2011

Elementary teacher's guide to the best Internet resources :
content, lesson plans, activities, and materials
SMILE: Dental Health Education for New Jersey Schools
Drug Abuse in Sports: A Student Course Manual
Healthy That's Me: A Health Guide Curriculum Guide For
Head Start
El equipo en el hogar: Folletto de actividades del Equipo
Nutricion
Asthma Awareness: Curricula for the Elementary Classroom
Serving MyPlate: A Yummy Curriculum, Grades 1-6
(3 books also at
http://www.fns.usda.gov/multimedia/tn/sump_level1.pdf)

MIDDLE SCHOOL

CMC HV5808.P76 1997
CMC RC 1230.M56 1995
CMC RJ206.Y68 1998 kit

Project Alert: A Drug Prevention Program for Middle Grades
Drug Abuse in Sports: A Student Course Manual
yourSELF: Middle School Nutrition Education Kit for
Teachers

HIGH SCHOOL

CMC HQ35 .F83 1994

FACTS and reasons : a comprehensive prevention program
for senior high students

CMC HQ35 .F84 1994
CMC HQ35 .W67
CMC RC 1230.M56 1995

Teaching the FACTS of life: a comprehensive prevention curriculum for parents
Worth the wait : sex education curriculum grades 6-12(Abstinence program)
Drug Abuse in Sports: A Student Course Manual

PROFESSIONAL

General

CMC KF3826.S3 L44 2001
CMC LB1139.35.H42.A22 1996
CMC LB3409.U5.C477 1997
CMC LB3409 .U5 C53 2004
CMC LB3409.U5.H42 1995
CMC LB3409.U5.K76 2000
LB3409 .U5 M43 2004
CMC LB3409.U5.S96 1990
CMC LB3409.U5.W44 1996
CMC RJ 48.N48 1989
CMC RJ247.A33 1995

Legal issues in school health services : a resource for school administrators, school attorneys, school nurses
ABC's of Safe and Healthy Child Care: A Handbook for Child Care Providers
Children and Youth: Assisted by Medical Technology in Educational Settings: Guidelines for care
Helping schoolchildren with chronic health conditions : a practical guide
Healthy School Handbook: Conquering the Sick Building
Schools and the Health of Children
Syndrome and Other Environmental Hazards in and Around Your School
(contains brief historical overview of school health programs)
Medical problems in the classroom: the teacher's role in diagnosis and management
Health Care Problems in the Classroom: A Reference Manual
Providing Safe Health Care: The role of educational Support Personnel
New School Health Handbook
School Nurses Survival Guide: Ready to use Tips. Techniques & Materials for the School Health Professionals

Early Childhood

CMC RJ 135.H455 1997
CMC LB1139.35.H42.A22 1996

Handbook for the Care of Infants, Toddlers and Young Children with Disabilities and Chronic Conditions
ABC's of Safe and Healthy Child Care: A Handbook for Child Care Providers

Elementary

CMC LB 3409.U5.C63 1996
CMC LB3409 .U5 H84 2003

Health in Elementary Schools
Health problems in the classroom, preK-6: an A-Z reference guide for educators

Middle School

CMC LB3409 .U5 H83 2003
CMC LB3409 .U5 H84 2003

Health problems in the classroom 6-12 : an A-Z reference guide for educators
Health problems in the classroom, preK-6: an A-Z reference guide for educators

Secondary

CMC HQ57.5 .A3 M27 2005
CMC LB3409 .U5 H83 2003
CMC LB3433.C66 1987

Promoting sexual responsibility : a teen pregnancy prevention resource for school employees
Health problems in the classroom 6-12 : an A-Z reference guide for educators
How Schools Can Help Combat Student Pregnancy

JUVENILE/CIRCULATING COLLECTION

AIDS

- Juv. 927.91.Z25w Pedro and Me: Friendship, Loss and What I Learned (AIDS)
Juv. 614.5.C583mh Medikidz explain HIV

Anatomy and Reproduction

- Juv.301.431.P859a 2001 Am I Weird or Is This Normal?: Advice and Info to Get Teens in the Know
Juv. 306.7.P746s 1998 Sex Smart: 501 Reasons to Hold Off on Sex
Juv. 611B187c Cells Are Us
Juv. 612.1.B915p Body talk: Pulse of Life: The Circulatory System
Juv. 612.2.B915b Body Talk: Breathing
Juv. 612.3B915d Body Talk: Digestion
Juv. 612.6.D138t 1999 Teenage Guy's Survival Guide: The Real Deal on Girls, Growing Up, and Other Guy Stuff
Juv.612.6.G665g Girls are Girls and Boys Are Boys- So What's the difference?
Juv. 612.6.H315w Who has what?: All about girl's bodies and boy's bodies
Juv. 612.6.H3161I It's So Amazing
(Caution: This book has been subject to censorship challenges)
Juv. 612.6.L888p 2001 Period
Juv.612.6.M178wg What's happening to my body book-girls
Juv.612.6.M178wb What's happening to my body book-boys
Juv. 612.6.S536t This book is about SEX
Juv.612.6 S559b Before You Were a Baby
Juv. 612.63.M47w Where Did I Come From
Juv. 612.661.D779d Deal With It: A Whole New Approach to Your Body, Brain, and Life as a gurl
Juv. 612.661.G775w What's Going On Down There? Answers to Questions
Boys Find Hard to Ask
Body Talk: Movement
Juv. 612.7.B915m The Sex Book: an alphabet of smarter love
Juv. 613.9.P337s 2001 Sex is a funny word: A book about bodies, feelings and you.
Juv. 613.9.S587s The Amazing True Story of a Teenage Single Mom
Juv. 920.7.A762a

Depression

- Juv.616.85.C852w When Nothing Else Matters Anymore:
A Survival Guide for Depressed Teens
Juv. 616.85.I72c Conquering the Beast Within:
How I Fought Depression and Won...
And How You Can, Too
A teenager tells her inspiring story
Juv. 618.92.C538md Medikidz explain Depression

Disabilities and Diseases

(see also the Special Education bibliography at <http://tinyurl.com/njcuedbooks>)

- Juv. 616.3.L847g GFKid : A Celiac disease survival guide
Juv. 616.83 A511r Russell is Extra Special: A Book About Autism for Children
Juv.920.72.A964i Imperfect
(Dounya, a Muslim girl living in Las Vegas, Nevada, shares her very personal story of battling eating disorders when she was a teenager, in order to help other young people suffering from this affliction.)

RJ420.D5 D66 1998

Juv. T866m

Needles
(Juvenile Diabetes)
Stuck In Neutral
(Cerebral Palsy)

Juv. 616.2.C538wa
Juv. 616.2.C538ms
Juv. 616.8. C538we
Juv. 618.92.c538ma
Juv. 618.92 C538wd
Juv. 618.92 C 538wf

Graphic Novels
What's Up with Max? Medikidz explain Asthma
Medikidz explain Sleep Apnea
What's up with Bill? Medikidz explain Epilepsy
Medikidz explain Autism
What's up with Ella? Medikidz explain Diabetes
What's up with Paulina? Medikidz explain Food Allergies

Juv.616.97 .B189e 2010
Juv.618.92 .C538wf 2010
Juv.K8688p

Food Allergies
Explaining food allergies
"What's up with Paulina?" : Medikidz explain food allergies
Peanut-Free Café
(Peanut allergies in school)

Juv. 618.92.B666f

Juv. A547w

Food Disorders/
Food Fight: A guide to eating disorders for preteen and their parents
Wintergirls
(Anorexia nervosa)

Juv.618.92.M978a
Juv. 613.V484g

General
ABC Doctor: Staying healthy from A to Z
Germs are not for sharing

Juv. 613.C773t

Juv.613.4.F292

Hand washing
Ten potato Scrub: A Counting book About Handwashing
Germs on Their Fingers/ Germenes en tus manos!

Teeth and Toothbrushing

Juv. B8733b
Juv. B9854k
Juv. D1313p
Juv. M127o
Juv.617.6.A462w
Juv.617.6.K291o
Juv.617.6 .B912

Juv. 617.6.R496t

Juv. 617.6.R892 w
L6653v
V2235

Brush your teeth, Max and Millie
King & Kayla and the case of the lost tooth
Pony Brushes his Teeth
One morning in Maine
We Like Our teeth
Open Wide: tooth school inside
Brush, Brush, brush
(Tooth-brushing)
Those Icky Sticky Smelly Cavity Causing but...Invisible germs/ Esos Sucios Pegajosos Olorosos Causantes de Caries pero...Invisibles Germenes
Why do I brush my teeth
Very Beary Tooth Fairy
Tooth Wisdom
(Explains how teeth grow and change, the many types of teeth, and how to maintain a healthy set of teeth.)

Juv. 305.23.M823d

SDK rev 1/2020

Safety and Self Defense
Do you have a secret?

Juv. 646.7.B336g 2003

(difference between good secrets and bad secrets.)

A Girl's Gotta Do What a Girl's Gotta do: the ultimate guide to living safe and smart

Juv. 796.8.K82g

Girl Power: self defense for teens

(covers basic health, self-defense, sexual assault and dating and domestic violence)

Sports Injuries

Weyn, Suzanne

Full Impact

Juv. W5495f

(It's a full-contact sport. Norval and Arnie are two of the stars on the Southside High football team. But Arnie has been acting weird lately. And Norval isn't the only one who has noticed. When Coach Green asks Norval to watch Arnie for signs of a concussion, it sounds like spying.)