# Office of Drug Monitoring & Analysis Drug Monitoring Initiative (DMI) COVID-19 Resource Guide



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# Summary

The spread of COVID-19 has negatively impacted statewide infrastructure and reduced the availability of a wide number of Health and Prevention Sharing Network (HPSN) resources, which are essential for DMI partners and the individuals they serve.

In response to the COVID-19 (coronavirus) pandemic, NJ's Drug Monitoring Initiative (DMI) has created a "New Jersey Resource Guide" to provide DMI partners and the public with links to relevant resources for a variety of topics.

**NJ Office of the Governor COVID-19 Updates** – updates and briefings from the NJ Office of the Governor regarding COVID-19

**COVID-19 Links** – national, statewide, and local *links/information to all things COVID-19 related (e.g. viral statistics, alerts, maps)* 

**Access to Naloxone (Narcan)** – list of programs that are still offering naloxone in NJ

**Recovery Support & Meetings** – list of active (many of which are online) recovery and support services for stakeholders and those suffering from substance use disorder

**Mental Health Support** – behavioral health information and resources to help those suffering from a mental illness

**Crisis Hotlines** – list of hotlines to call for different purposes (e.g. National Suicide Hotline, Poison Help Hotline, National Domestic Violence Hotline, The Trevor Project etc.)

**National Resources** – links to live information hubs and maps that provide real-time information regarding COVID-19 from sources such as the Center for Disease Control (CDC) and World Health Organization (WHO)

**State Resources** – statewide links to information such as guidance for travelers, resources for healthcare providers, opioid-related data, and other updates

**Social Services –** List of Department Health and Social Services by County

**Food Banks**– *list of food banks by county* 

**Emergency Housing**– *list emergency housing by county* 

**Senior Services** – list of services for seniors (e.g. where to find groceries, meals, and support)

**Veterans** – *List of Resources for Veterans* 

First Responders – List of Resources for First Responders (law enforcement, fire, EMS)

**College Resources** – list of resources for college students (e.g. storage and food assistance and financial support)

**Job Searches –** *support services and portals to obtain employment* 

**Business/Employee Resources –**resources to guide both employers and employees for financial assistance and filing paperwork/forms

Home Expenses Information –programs to assist in financial hardships during COVID-19

**In-Home Education –** online education resources for all ages (e.g. music lessons, art classes, online classes, and guidance on how to talk to adolescents about COVID-19)

**Entertainment –** online sources for virtual tours, concerts, kid shows, comedy, theatre, art shows etc.

**Self Care** – Online resources Everyone (e.g. seniors, parents, first responders etc.)

**Health & Wellness -***online fitness, health, and wellness resources* 

**Volunteering/Donation Opportunities –** organizations that are looking for volunteers and/or donations



# NJSP DMI COVID-19 Resource Guide – NJ Office of the Governor COVID-19 Updates

Program Name	Coverage Area	Release Date	Description	Video/Web Link
Governor's News	Statewide/National	As disseminated	New Jersey Executive Orders	https://nj.gov/governor/news/ao/approved/ao_archive.s html
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/30/2020	Governor Murphy holding a COVID-19 briefing	https://www.youtube.com/watch?v=Z9IUyqU0Zns
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/28/2020	Governor Murphy holding a COVID-19 briefing	https://www.youtube.com/watch?v=DtWXUL4x_1w
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/27/2020	Governor Murphy holding a COVID-19 briefing	https://www.youtube.com/watch?v=LrVskr5jjk0
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/26/2020	Governor Murphy holding a COVID-19 briefing	https://www.youtube.com/watch?v=ouXhrtz-1Mk
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/25/2020	Governor Murphy giving New Jerseyans an update on COVID-19	https://www.youtube.com/watch?v=O9FQp-iDKh8
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/24/2020	Governor Murphy Announces Social Distancing Measures to Mitigate Further Spread of COVID-19	https://www.youtube.com/watch?v=XfpWj3yTGhI
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/23/2020	Governor Murphy Latest of COVID-19	https://www.youtube.com/watch?v=ozj5w3EE7uI
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/21/2020	Governor Murphy Fight Against COVID-19	https://www.youtube.com/watch?v=oyboDWnQVYM
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/20/2020	Governor Murphy Covid-19 Testing Capacity	https://www.youtube.com/watch?v=Wp68NVto8Hg
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/19/2020	Governor Murphy gives COVID-19 Update	https://www.youtube.com/watch?v=xF_pkRXVVgQ
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/18/2020	Governor Murphy Holds Coronavirus Briefing	https://www.youtube.com/watch?v=72YIO-obxRA
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/17/2020	Governor Murphy Holds Coronavirus Briefing	https://www.youtube.com/watch?v=u9jBgBiwdKU
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/17/2020	Governor Announces Extensive Social Distancing Measures to Mitigate Further Spread of COVID-19	https://www.youtube.com/watch?v=IQMiziHu6Z0
Governor's Coronavirus Daily Task Force Briefs	Statewide/National	3/16/2020	Governor Murphy Announces Social Distancing Measures to Mitigate Further Spread of COVID-19	https://www.youtube.com/watch?v=1e4xF0O_D6I



# NJSP DMI COVID-19 Resource Guide – NJ Office of the Governor COVID-19 Updates

	Program Name Coverage Area Release Date Description		Description	Video/Web Link	
G	overnor's Coronavirus Daily Task Force Briefs	Statewide/National	3/12/2020	Lieutenant Governor Oliver and Health Commissioner Persichilli Hold Coronavirus Briefing	https://www.youtube.com/watch?v=VWuHdOwSCHs
G	overnor's Coronavirus Daily Task Force Briefs	Statewide/National	3/11/2020	Lieutenant Governor Oliver and Health Commissioner Persichilli Hold Coronavirus Briefing	https://www.youtube.com/watch?v=ETIVf9apmME



# NJSP DMI COVID-19 Resource Guide – COVID-19 Links

Program Name	Coverage Area	Description	Website
NJ COVID-19 Information Hub	New Jersey	Live Statistical Updates for NJ, Check your symptoms and NJ Job employment listing portal	https://covid19.nj.gov/#live-updates
COVID-19 General Questions	New Jersey	Call 211 (7am 11pm)	
COVID-19 Clinical Questions	New Jersey	Call 800-962-1253 available 24/7	
COVID-19 TEXT ALERTS	New Jersey	Text NJCOVID to 898-211 to receive alerts	
COVID-19: Information for Communities and the General Public	New Jersey		https://www.nj.gov/health/cd/topics/covid2019_comm_unity.shtml
COVID-19: Information for Schools and Businesses	New Jersey	Be prepared if COVID-19 does appears in your community.	https://www.nj.gov/health/cd/topics/covid2019_school business.shtml
COVID-19 Rumor Control & Disinformation Site	New Jersey	In a joint effort to combat rumors and disinformation regarding COVID-19, the NJ ROIC, NJOEM, & NJOHSP created the COVID-19 Rumor Control & Disinformation site.	https://www.njhomelandsecurity.gov/covid19
Primary Quarantine Site for Homeless	Camden County	Created as a "back up" location for emergency situations in Camden County. The school has been set up with beds/cots in the cafeteria to quarantine the homeless for COVID-19.	



# NJSP DMI COVID-19 Resource Guide – Access to Naloxone (Narcan)

Name	Coverage Area	Description	Address	Contact Information	Website
NJ CARES Pharmacies with Standing Orders	By township	List of pharmacies that are dispensing naloxone without an individualized prescription, using a "standing order" from a physician or the Department of Health. Naloxone is a medication used to reverse the effects of an opioid overdose. Anyone 18 or older can walk into any pharmacy listed and ask for a prescription of Narcan.			https://www.nj.gov/oag/njca res/Pharmacy-Locations.htm
DMHAS Opioid Overdose Prevention Program	North	This regional opioid overdose prevention programs provide individuals at-risk for overdose, their family members, friends, and loved ones with naloxone rescue kits. They are also educated and trained on how to prevent, recognize, and respond to an opioid overdose.	Morris County Prevention is Key, 25 West Main St., Rockaway, NJ 07866	973-625-1998 info@mcpik.org	-
DMHAS Opioid Overdose Prevention Program	Central	This regional opioid overdose prevention programs provide individuals at-risk for overdose, their family members, friends, and loved ones with naloxone rescue kits. They are also educated and trained on how to prevent, recognize, and respond to an opioid overdose.  Jersey Shore Healthcare, 685 Neptune Blvd., Neptune Twp, NJ jsasdrugstx@aol.com 07732		732-988-8877 jsasdrugstx@aol.com	-
DMHAS Opioid Overdose Prevention Program	South	This regional opioid overdose prevention programs provide individuals at-risk for overdose, their family members, friends, and loved ones with naloxone rescue kits. They are also educated and trained on how to prevent, recognize, and respond to an opioid overdose.	Urban Treatment Associates, 808 Market St., Camden, NJ 08102	856-225-0505	-
Rutgers Opioid Overdose Prevention Program	Statewide	Online trainings of naloxone via WebEx. They will coordinate with your agency facilitator for distribution of free naloxone kit via mail.	732-235-4341	732-235-4341 PreventOverdose@rwjms.rutger s.edu	http://rwjms.rutgers.edu/de partments/psychiatry/divisio ns/division-of-addiction- psychiatry/opioid-overdose- prevention-network
New Jersey Harm Reduction Coalition	Statewide	Please call or text to have Naloxone and fentanyl test strips mailed anywhere in New Jersey.	877-4Narcan (877-462-7226)	877-4Narcan (877-462-7226) jenna@njharmreduction.org	https://njharmreduction.org/



Program Name	Coverage Area	Description	Website/Contact
Alcoholics Anonymous	Online	Alcoholics Anonymous online Intergroup meetings	beta.aa-intergroup.org
Adult Children of Alcoholics	Online	Adult Children of Alcoholics online support meetings	https://adultchildren.org/quick-search/?audiobt=Click+Here
RWJ All Recovery Meetings	Online	RWJ virtual all recovery meetings that you can join online or by phone.	https://conta.cc/2UjrJz9
Al-Anon	Online	Al-Anon Electronic Meetings	https://al-anon.org/al-anon-meetings/electronic-meetings/
In The Rooms	Online	Free online recovery tool, 130 weekly meetings 12 Step, Non-12 Step, Wellness & Mental Health	https://www.intherooms.com/home/
New Perspectives	Mobile App	A Mobile Support Group: The 5 Best Sobriety Apps to Use in Recovery	https://newperspectivesfl.com/blog/sobriety-apps/
Nicotine Anonymous	Nicotine Anonymous Online Attend a meeting on your computer, tablet, or pages of the online groups to learn about		https://nicotine-anonymous.org/find-a-meeting.html
Lion Rock Recovery	Online	COVID-19 Anxiety Support Meetings, These Are Not Substance Recovery Meetings. Everyone Struggling with Anxiety about COVID-19 is Welcome!	https://www.lionrockrecovery.com/online-aa-meetings-and-support- groups
Codependents Anonymous	Online	Codependents Anonymous provides meetings online or by phone for both nationally and internationally	https://coda.org/find-a-meeting/phone-meetings/
12Step.org	Online	Online meetings may take place using different means of communications like text-only chat, voice or video	https://www.12step.org/social/online-meetings/
Virtual NA Online Bringing Narcotics Anonymous Meetings to Remote or Isolated individuals in recovery from around the world to attend local face to face meetings		https://virtual-na.org/	
Rutgers Health Telephone Recovery Support	New Jersey	Telephone Recovery Support Services, Confidential, Free, peer staff in Recovery, Information & Support Peers provide weekly telephone recovery support calls to people seeking recovery from substance use disorders	833-TALKRS



Program Name	Coverage Area	Description	Website/Contact
WE Connect Recovery	Online	Online recovery support groups open to anyone who is dealing with substance use, mental health concerns. Meetings are available daily	https://www.weconnectrecovery.com/free-online- support-meetings
Unity Recovery+Weconnect+Alano Club	Online	Now offering free virtual recovery meetings during the COVID-19 pandemic	https://unityrecovery.org/
NA	Online	Narcotics Anonymous Meeting Search Results. Zoom, Skype, Online or by phone	https://www.na.org/meetingsearch/text- results.php?country=Web&state&city&zip&street&with in=5&day=0⟨
Recorded Speakers	Online	Recorded Speakers from a variety of 12-step fellowships	https://www.xa-speakers.org/
NA by Phone	Online	On your phone on the Meeting page, just tap the underlined number of the meeting you wish to attend and it will be dialed automatically including the access code. Be sure to use *6 to mute and unmute your phone to cancel background noise.	www.nabyphone.com
Alcoholics Anonymous	Conference Call	A meeting every day at 2pm	(425) 436-6360 Access Code 422932
National Rehabs Recovery	Mobile App	Below is a list of recovery-based apps that you can download on your phone to stay connected to a support community and meet your own treatment goals, no matter how long you've been sober. All of the apps are available on Google Android and Apple iOS.	https://www.rehabs.com/smartphone-apps-for- recovery/
SMART Recovery	Online	Smart Recovery Community Online	https://www.smartrecovery.org/community/
PC World	Mobile App	Seven apps to help you stay sober, one day at a time	https://www.pcworld.com/article/2091042/seven-apps-to-help-you-stay-sober-one-day-at-a-time.html
Refuge Recovery	Online	Grounded in the belief that Buddhist principles and practices create a strong foundation for a path to freedom from addiction	https://refugerecovery.org/meetings
SoberGrid	Online	Platform to help anyone get sober and stay sober. Some join to get support, other to give it. Each Free download, post and connection create an opportunity to stay sober while helping others do the same. Download the SoberGrid App via Google Play, iTunes or the link above	http://www.sobergrid.com/



Program Name	Coverage Area	Description	Website/Contact
Narcotics Anonymous	Online	Narcotics Anonymous Online Meeting directory	https://www.na.org/meetingsearch/
NA Online Meetings	Online	NA Zoom Meetings:24 Hour marathons, LGBTQ, Rise to Recovery, Just for today, Fresh Start, Rotating Format and many more	www.zoom.nastuff.com
LifeRing	Online LifeRing is an organization of people who share practical experiences and sobriety support based on the idea that there are many ways to live free of drugs and alcohol as there are stories of successful sober stories		https://www.lifering.org/online-meetings
The Peer Recovery Warmline	New Jersey	Peer Recovery WarmLine (PRW) is a peer-run service providing ongoing telephone support to mental health consumers as they work towards their recovery.PRW is live Monday to Friday, 8 am to 10 pm, Saturday and Sunday, 5 pm to 10 pm, and holidays, 3 pm to 10 pm. 877-292-5588	www.mhanj.org
NJ Connect for Recovery	New Jersey	NJ Connect for Recovery is a free, confidential call line focused on helping family members and friends coping with a loved one's substance use disorder. We provides a safe, nonjudgmental place for individuals and family members to get counseling, and assistance from professional staff members on substance use issues.  855-652-3737	www.njconnectforrecovery.org
Council on Compulsive Gambling of New Jersey	New Jersey	This service provides 24 hour information to help compulsive gamblers and referrals to self-help groups and counseling services. 800-GAMBLER	www.800gambler.org
IME Addictions Access Center	New Jersey	Call to see if you qualify for funding and a referral to treatment. 24 hours a day/7 days a week	844-276-2777
NJ Vet 2 Vet	New Jersey	Veterans Counseling Hotline NJVet2Vet understands and wants to assure you that we have worked through contingency plans that allow our peers to remain standing by 24/7 to talk with you and connect you to needed resources. 866-VETS-NJ4	www.njvet2vet.com



Program Name	Coverage Area	Description	Website/Contact
Vets4Warriors	National	A 24/7 program for veterans who have served In wars	833-422-2765
New Jersey Mental Health Cares			1-866-202-Help (4357) TYY: 877-294-4356
		behavioral health system to provide emotional support for issues related to COVID-19 and other mental concerns.	help@njmentalhealthcares.org
Camden County Services	Camden County	24/7 information and referrals FOR Mental Health & Substance Support 877-266-8222	https://www.camdencounty.com/service/mental- health-and-addiction/



# NJSP DMI COVID-19 Resource Guide – Mental Health Support

Program Name	Coverage Area	Description	Contact	Website
New Jersey Mental Health Cares	New Jersey	NJ Mental Health Cares is New Jersey's behavioral health information and referral service. Our staff of behavioral care specialists use their experience and understanding of the behavioral health system to provide emotional support for issues related to COVID-19 and other mental concerns.	1-866-202-Help (4357) TYY: 877-294-4356 help@njmentalhealthcares.org	www.njmentalhealthcares.org
NAMI New Jersey	New Jersey	NAMI NJ is dedicated to improving the lives of people affected by mental illness.	732-940-0991 In a crisis text NAMI to 74174	http://www.naminj.org/where-to-get- help/state-services/
SAMHSA	Nationwide	Disaster Distress help line, 24/7 365 days a year. Substance abuse, mental health services and crisis counseling.	1-800-985-5990	https://www.samhsa.gov/find- help/disaster-distress-helpline
FCP/DOW	New Jersey by	The Family and Community Partnerships' Community Program Directory	1-800-572-SAFE (7233)	https://www.nj.gov/dcf/families/dfcp/inde x.html
Community Program Directory	County	provides public access to statewide resources that are designed to support family success and keep children safe.	TYY:888-252-SAFE (7233)	https://www.nj.gov/dcf/families/dfcp/DFC PDirectory.pdf
AFSP	Online Resource	Resources for mental health during this time.		https://afsp.org/taking-care-of-your- mental-health-in-the-face-of-uncertainty/
Coronavirus Anxiety Resources	Nationwide	The team at Shine, in partnership with Mental Health America, has vetted and compiled a wealth of research-backed and helpful tools for you—articles, meditations, access to mental health experts, anxiety screenings, and more.	-	https://www.virusanxiety.com/?fbclid=lw AR2FFrjgYGpUB6aLdfY9- bxxYUCBzxFjIJMsSjqpg5qb1YP80gLBr 3QRHHA
Vets4Warriors	National	A 24/7 program for veterans who have served In wars	833-422-2765	https://www.vets4warriors.com/
Mom2Mon	New Jersey	Mothers with special needs children 8am - 8pm	877-914-6662	http://www.mom2mom.us.com/Glassboo kProject.htm
Care2Caregiver	New Jersey	Family members who are caring for family members with memory loss, Alzheimer's, dementia or a related disorder 8am - 8pm	800-424-2494	http://www.care2caregivers.com/resourc es/
Cop2Cop	New Jersey	24-hour peer support program for NJ Law Enforcement Officers and their families.  866-267-2		https://njcop2cop.com/
Worker2Worker	New Jersey	for DCP&P workers 8am - 8pm	855-327-7482	
Aid NJEA	New Jersey	school staff members and their families	866-243-6532	https://www.njea.org/aid-njea/



### NJSP DMI COVID-19 Resource Guide – Mental Health Support by County (DMHAS)



### **DESIGNATED SCREENING SERVICES**

#### **Primary Screening Service in Each County**

Affiliated Psychiatric Emergency Services –AES (Affiliated with Screening Service)

# NEW JERSEY DEPARTMENT OF HUMAN SERVICES DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

(Please contact <u>paula.turek@dhs.nj.gov</u> with any changes) (Updated: February 7, 2020)

County	Hospital/Agency	Address	City	24 Hour Hotline	Coordinator/Director & Telephone Number	Email Address
Atlantic	Psych Intervention Program @ Atlanticare Reg'l Medical Ctr	1925 Pacific Ave	Atlantic City 08401	609-344-1118	Sharon Repko 609-404-7330	Sharon.repko@atlanticare.org
Bergen	Care Plus NJ Inc @ New Bridge Medical Center	230 East Ridgewood Ave	Paramus 07652	201-262-4357	Lisa Montuore 201-262-7108	lisamo@careplusnj.org
Burlington	Legacy Treatment Services	218 A Sunset Road	Willingboro 08046	609-835-6180	Samantha Kunz 609-835-6180	skunz@legacytreatment.org
Camden	Oaks Integrated Care	2201 W. Chapel Ave	Cherry Hill 08002	856-428-4357	Cheryl Williams 856-428-4357 x54008	Cheryl.williams@oaksintcare.org
Cape May	Acenda Integrated Health	2 Stone Harbor Blvd	Cape May Court House 08210	609-465-5999	Kathy Reeves 844-422-3632 x2020	kreeves@acendahealth.org
Cumberland	Cumberland Co Guidance Ctr @ Inspira Medical Centers, Inc.	333 Irving Ave	Bridgeton 08302	856-455-5555	Elvira Smith 856-575-4512	esmith@ccgcnj.org



## NJSP DMI COVID-19 Resource Guide – Mental Health Support by County (DMHAS)

County	Hospital/Agency	Address	City	24 Hour Hotline	Coordinator/Director &Telephone Number	Email Address
Essex	Clara Maass Medical Center	1 Clara Maass Drive	Bellville 07109	973-844-4357	Wanda Maragni	Wanda.Maragni@rwjbh.org
Essex	Newark Beth Israel Med Center	201 Lyons Ave	Newark 07112	973-926-7444	Helen Hartney 973-926-4369	helen.hartney@rwjbh.org
Essex	University Behavioral Healthcare	150 Bergen Street	Newark 07101	973-623-2323	Brian Howard 973-972-0478	howardbd@ubhc.rutgers.edu
Gloucester	Acenda Integrated Health	42 South Delsea Drive	Glassboro 08028	856-845-9100	Jennifer Plews 844-422-3632 x9580- 1601	jplews@acendahealth.org
Hudson	Jersey City Medical Center	355 Grand St.	Jersey City 07302	866-367-6023	Silvana Gomez 201-915-2268	silvana.gomez@rwjbh.org
Hudson	Hackensack UMC - Palisades Medical Center (AES)	7600 River Rd	N. Bergen 07047	201-854-5760	Jessica Cofone 201-854-5000 x4824	jessica.cofone@hackensackmeridian.org
Hudson	Christ Hospital (AES)	176 Palisade Ave	Jersey City 07306	201-795-8374	Rachel Corus 201-795-7384	rachel.corus@carepointhealth.org
Hudson	Hoboken Univ. Medical Center (AES)	308 Willow Ave	Hoboken 07030	201-418-2090	Javier Munoz 201-418-1892	javier.munoz@carepointhealth.org
Hunterdon	Hunterdon Medical Center Emergency Svcs Behavioral Health	2100 Wescott Drive	Flemington 08822	908-788-6400	Al Bassetti 908-788-2584	abassetti@hhsnj.org
Mercer	Capital Health Regional Medical Center	750 Brunswick Ave	Trenton 08638	609-396-4357/ 609-989-7297	Jill Claudio 609-815-7683	jclaudio@capitalhealth.org
Middlesex	University Behavioral Health Care	671 Hoes Lane	Piscataway 08855	732-235-5700	P. Greg Fitzpatrick 732-235-5150	fitzpapg@ubhc.rutgers.edu
Middlesex	Raritan Bay Medical Center (AES)	530 New Brunswick Ave	Perth Amboy 08861	732-442-3794	Jed Klein 732-324-5094	jed.klein@hackensackmeridian.org
Monmouth	Monmouth Medical Center	300 Second Ave	Long Branch 07740	732-923-6999	Douglas Hoffman 732-923-6999	Douglas.hoffman@rwjbh.org
Monmouth	Centra State Medical Center (AES)	901 W. Main Street	Freehold 07728	732-294-2595	Cheryl Craig 732-294-2806	ccraig@centrastate.com
Monmouth	Jersey Shore University Medical Center (AES)	1945 Corlies Avenue, Rt 33	Neptune, 07753	732-776-4555	Kelly Smith	KellyA.Smith@hackensackmeridian.org
Monmouth	Riverview Medical Center (AES)	1 Riverview Plaza	Red Bank, 07701	732-219-5325	Carley Gibson Dawson 732-450-2870	carley.gibson@hackensackmeridian.org



## NJSP DMI COVID-19 Resource Guide – Mental Health Support by County (DMHAS)

County	Hospital/Agency	Address	City	24 Hour Hotline	Coordinator/Director & Telephone Number	
Morris	Prime Healthcare Services - St. Clare's LLC	25 Pocono Road	Denville 07834	973-625-6160	Kimberly Donnenberg 973-625- 6463	kimberlydonnenberg@primehe althcare.com
Morris	Morristown Memorial Hospital (AES)	100 Madison Avenue	Morristown 07962	973-540-0100	Maria Merida 973-971-7911	maria.merida@atlantichealth.org
Morris	Chilton Medical Center (AES)	97 West Parkway	Pompton Plains 07444	973-831-5078	Lisa Dressner 908-522-2775	lisa.dressner@atlantichealth.org
Ocean	Monmouth Medical Center South	600 River Avenue	Lakewood 08701	866-904-4474/ 732-886-4474	JoAnn Jason 732-961-2340 Joe Cuffari	joann.jason@rwjbh.org Joe.Cuffari@rwjbh.org
Passaic	St. Joseph's Hospital Health Care System	703 Main Street	Paterson 07514	973-754-2230	Danielle Granado 973-754-3575 & 3756	Granadod@sjhmc.org
Passaic	St. Joseph's Hospital Health Care System (AES)	703 Main Street	Paterson 07514	973-754-2230	Narine Kaprelian 973-754-2831	kapreliann@sjhmc.org
Salem	Healthcare Commons Inc @ Memorial Hospital of Salem County	310 Woodstown Road	Salem 08079	856-299-3001	Laura Taylor 856-299-3200 x113	1.taylor@hcommons.com
Somerset	Bridgeway Rehabilitation Inc.	282 East Main Street	Somerville, 08876	908-526-4100	Allison MacFadyen 908-526- 4100	Allison.MacFadyen@bridgewa yrehab.org
Sussex	Newton Medical Center	175 High St	Newton 07860	973-383-0973	Paul Burns 973-579-8627	Paul.burns@atlantichealth.org
Union	Trinitas Regional Medical Center	655 East Jersey St	Elizabeth 07206	908-994-7131	Kelly Baker 908-994-7152	kbaker@trinitas.org
Union	Overlook Medical Center (AES)	99 Beauvior Road	Summit, 07901	973-831-5078	Lisa Dressner 908-522-2775	lisa.dressner@atlantichealth.org
Union	Rahway Hospital (AES)	865 Stone Street	Rahway, 07065	732-381-4949 732-499-6165	Tina Butler 732-499-6166	Tina.butler@rwjbh.org
Warren	Family Guidance Ctr of Warren Co	370 Memorial Parkway	Phillipsburg 08865	908-454-5141	Annette Smith 908-454-4470	asmith@fgcwc.org



# NJSP DMI COVID-19 Resource Guide – Crisis Hotlines

Program Name	Coverage Area	Description	Contact	Email
NJ Hope Line	New Jersey	New Jersey's 24/7 Peer Support & Suicide Prevention Hotline, specialists are available for confidential telephone counseling and support 24 hours a day, 7 day per week.  You're not alone we are only a phone call away.	855-654-6735 njhopeline@ubhc.rutgers.edu	www.njhopeline.com
National Suicide Hotline	Nationwide	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.	800-273-8255	www.suicidepreventionlifeline.or g
American Association of Poison Control Centers	Nationwide	Poison control centers offer free, confidential, expert medical advice 24/7 and our new online, interactive tool, PoisonHelp.org.	800-222-1222	www.aapcc.org
The Poison Help Hotline	Nationwide	The Poison Help hotline connects callers to their local poison control center anywhere in the United States and territories.	800-222-1222	www.poisonhelp.org
2nd Floor	New Jersey	2NDFLOOR is a confidential and anonymous helpline for NJ's youth and young adults. We are available 24/7 365 days a year.	1-888-222-2228 info@2NDFLOOR.org	www.2ndfloor.org
National Domestic Violence Hotline	Nationwide	24/7 support for victims and survivors.	800-799-7233	https://www.thehotline.org/
National Sexual Assault Hotline (R.A.I.N.N. Rape Abuse and Incest National Network)	Nationwide	24/7 help via phone and online chat for survivors and their loved ones. Free and confidential.	Call 800-656-HOPE (4673)	https://www.rainn.org/about- rainn
Self-Injury Hotline	Nationwide	S.A.F.E. ALTERNATIVES® is a nationally recognized treatment approach, professional network, and educational resource base, committed to helping you achieve an end to self-injurious behavior.	Call 800-DONT-CUT (366-8288)	https://carrierclinic.org/2019/0 8/06/cutting-and-self-injury/
The Trevor Project	Nationwide	The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.	Call 866-488-7386, text START to 678678	https://www.thetrevorproject.or g/get-help-now/
Statewide Domestic Violence Hotline	e New Jersey	The Office of Domestic Violence Services (ODVS) funds 22 domestic violence programs and the New Jersey Coalition to End Domestic Violence. There is at least one DCF-funded domestic violence program in each of New Jersey's 21 counties.	1-800-572-SAFE (7233) TYY:888-252- SAFE (7233)	https://www.nj.gov/dcf/women /domestic/
National Human Trafficking Hotline	Nationwide	The National Human Trafficking Resource Center (NHTRC) is a national, toll-free hotline, available to answer calls and texts from anywhere in the country, 24 hours a day, 7 days a week, every day of the year.	1-888-373-7888	https://www.acf.hhs.gov/acf- hotlines#chapter-4



# NJSP DMI COVID-19 Resource Guide – National Resources

Program Name	Coverage Area	Description	Website
CDC's COVID-19 page	Nationwide	COVID-19 updates and info from the Center for Disease Control	https://www.cdc.gov/coronavirus/2019- ncov/index.html
WHO's COVID-19 page	Worldwide	COVID-19 updates and info from the World Health Organization	https://www.who.int/emergencies/diseases/novel- coronavirus-2019
FEMA Declaration	Nationwide	President Trump declared a nationwide emergency pursuant to Sec. 501 (b) of the Robert T. Stafford Disaster Relief and Emergency Assistance Act (the "Stafford Act). This increases federal support to the Department of Health and Human Services (HHS) as the lead federal agency for the COVID-19 response. As a result, FEMA has been directed to assist state and local governments and other eligible entities with the health and safety actions they take on behalf of the American public.	https://www.fema.gov/news-release/2020/03/13/covid- 19-emergency-declaration
CDC COVID-19 Resources for Children	Nationwide	Free tips and resources for how to talk to your kids about Coronavirus	https://www.cdc.gov/coronavirus/2019- ncov/community/schools-childcare/talking-with- children.html
CDC White House Page on Coronavirus	Nationwide	We have 15 critical days to slow the spread of Coronavirus. See the latest guidelines from the President and the CDC.	https://www.coronavirus.gov/
Johns Hopkins Corona Resource Center	Worldwide	Johns Hopkins experts in global public health, infectious disease, and emergency preparedness have been at the forefront of the international response to COVID-19. This website is a resource to help advance the understanding of the virus, inform the public, and brief policymakers in order to guide a response, improve care, and save lives.	https://coronavirus.jhu.edu/
Johns Hopkins Live Coronavirus Dashboard/Map	Worldwide	Johns Hopkins Live Mapping	https://coronavirus.jhu.edu/map.html
FEMA	Nationwide	Coronavirus (COVID-19) Response	https://www.fema.gov/coronavirus
US Small Business Administration	Nationwide	Disaster assistance; The SBA provides low-interest disaster loans to help businesses and homeowners recover from declared disasters.	https://www.sba.gov/funding-programs/disaster- assistance



# NJSP DMI COVID-19 Resource Guide – State Resources

Program Name	Coverage Area	Summary	Contact	Email
NJ Health Communicable Disease	Statewide	Our resource pages includes guidance for travelers, resources for healthcare providers, and informational materials in multiple languages.		https://www.nj.gov/health/cd/topics/nco v.shtml
NJ Cares	Statewide	Real-time Dashboard of Opioid- Related Data and Information		https://www.njcares.gov/
New Jersey Mental Health Cares	Statewide	NJ Mental Health Cares is New Jersey's behavioral health information and referral service. Our staff of behavioral care specialists use their experience and understanding of the behavioral health system to provide emotional support for issues related to COVID-19 and other mental concerns.	1-866-202-Help (4357) TYY: 877-294- 4356  help@njmentalhealthcares.org	www.njmentalhealthcares.org
Directory of Local Health Departments	Statewide	Directory of Local Health Departments		https://www.nj.gov/health/lh/documents /LocalHealthDirectory.pdf
NJ Motor Vehicle Commission	Statewide	NJ MVC COVIC-19 frequent Updates		https://www.state.nj.us/mvc/
NJ Department of Education	Statewide	New Jersey Department of Education COVID-19 Updates		https://www.nj.gov/education/topics/index.s html
New Jersey Department of Military and Veterans Affairs	Statewide	Department of Military and Veterans Affairs		https://www.nj.gov/military/veterans/



# NJSP DMI COVID-19 Resource Guide – Social Services by County

County	Social Services Board	Address	Contact	Website
Atlantic	Department of Family and Community Development	1333 Atlantic Avenue Atlantic City, NJ 08401	(609) 348-3001 Fax: (609) 343-2374	https://www.atlantic-county.org/family-community- development/services.asp
Bergen	Bergen County Board of Social Services	218 Route 17 North, 17 Park Office Center Rochelle Park, NJ 07662	(201) 368-4200 Fax: (201) 368-8710	https://bcbss.com/
Burlington	Burlington County Board of Social Services	795 Woodlane Road Mount Holly, NJ 08060	(609) 261-1000 Fax: (609) 261-0463	http://www.bcbss.org/
Camden	Camden County Board of Social Service, Althea R. Wright Administration Bldg.	600 Market Street Camden, NJ 08102-1255	(856) 225-8800 Fax: (856) 225-7797	https://www.camdencounty.com/service/social- services/
Cape May	Cape May County Board of Social Services	4005 Route 9 South South Rio Grande, NJ 08242	(609) 886-6200 Fax: (609) 889-9332	http://www.capemaycountynj.gov/984/Cape-May- County-Social-Services
Cumberland	Cumberland County Board of Social Services	275 North Delsea Dr. Vineland, NJ 08360-3607	(856) 691-4600 Fax: (856) 692-7635	http://www.co.cumberland.nj.us/socialservices
Essex	Essex County Dept of Citizen Services Division of Welfare	18 Rector Street -9th Floor Newark, NJ 07102	(973) 733-3000 Fax: (973) 643-3985	https://essexcountynj.org/citizen-services/
Gloucester	Gloucester County Division of Social Services	400 Hollydell Drive Sewell, NJ 08080	(856) 582-9200 Fax: (856) 582-6587	http://www.co.gloucester.nj.us/services/s/socialser v.asp
Hudson	Hudson County Dept of Family Services Division of Welfare	257 Cornelison Avenue Jersey City, NJ 07302	(201) 420-3000 Fax: (201) 420-0343	http://www.hudsoncountynj.org/department-of- family-services/
Hunterdon	Department of Human Services Division of Social Services	6 Gauntt Place Flemington, NJ 08822	(908) 788-1300 Fax: (908) 806-4588	http://www.co.hunterdon.nj.us/depts/social/socserv.htm
Mercer	Mercer County Board of Social Services	200 Woolverton Street Trenton, NJ 08611	(609) 989-4320 Fax: (609) 989-0405	https://www.mcboss.org/



# NJSP DMI COVID-19 Resource Guide – Social Services by County

County	Social Services Board	Address	Contact	Website
Middlesex	Middlesex County Board of Social Services	181 How Lane New Brunswick, NJ 08903	(732) 745-3500 Fax: (732) 745-4558	http://middlesexsocialservices.com/
Monmouth	Monmouth County Division of Social Services	3000 Kozloski Road Freehold, NJ 07728	(732) 431-6000 Ext. 4200 Fax: (732) 577-6605	https://co.monmouth.nj.us/page.aspx?ID=163
Morris	Morris County Office of Temporary Assistance	340 W. Hanover Ave Morristown, NJ 07960	(973) 326-7800 Fax: (973) 326-7875	https://hs.morriscountynj.gov/
Ocean	Ocean County Board of Social Services	1027 Hooper Avenue Toms River, NJ 08753	(732) 349-1500 Fax: (732) 244-8075	https://www.co.ocean.nj.us/OC/SocialServices/frmHo me.aspx
Passaic	Passaic County Board of Social Services	80 Hamilton Street Paterson, NJ 07505-2057	(973) 881-0100 Fax: (973) 881-3232	http://www.pcbss.org/
Salem	Salem County Board of Social Services	147 South Virginia Avenue Penns Grove, NJ 08069	(856) 299-7200 Fax: (856) 299-3245	https://www.scbssnj.org/
Somerset	Somerset County Board of Social Services	73 East High Street Somerville, NJ 08876	(908) 526-8800 Fax: (908) 707-1974	https://www.co.somerset.nj.us/government/affiliated- agencies/social-services/
Sussex	Sussex County Division of Social Services	83 Spring Street, Suite 203 Newton, NJ 07860	(973) 383-3600 Fax: (973) 383-3627	https://www.sussex.nj.us/cn/webpage.cfm?tid=7&tpid =994
Union	Union County Division of Social Services	342 Westminster Avenue Elizabeth, NJ 07208	(908) 965-2700 Fax: (908) 965-2758	https://ucnj.org/departments/human-services/
Warren	Warren County Division of Temporary Assistance and Social Services	1 Shotwell Drive Belvidere, NJ 07823	(908) 475-6301 Fax: (908) 475-1533	http://www.co.warren.nj.us/humanservices/social_ser vices.html



Program Name	Coverage Area	Address	Telephone
Dept. of Family and Community Devel.	Atlantic County	1333 Atlantic Avenue, Atlantic City, NJ	(609) 348-3001
Community Food Bank Southern Branch	Atlantic County	6735 Black Horse Pike Egg Harbor, NJ 08234	(609) 383-8843
Atlantic City Rescue Mission	Atlantic County	2009 Bacharach Boulevard, Atlantic City NJ 08401	(609) 345-5517
Jewish Family of Atlantic County	Atlantic County	607 North Jerome Ave, Margate, NJ 08402	(609) 822-2381
Main Street Pantry	Atlantic County	6011 Main Street Mays Landing, NJ 08330	(609) 432-9177
Salvation Army – Mays Landing	Atlantic County	1309 Route 50 Mays Landing, NJ 08330	(609) 625-1212
Salvation Army Buena	Atlantic County	600 Central Avenue, Minotola, NJ 08341	(856) 696-5252
Salvation Army - Atlantic City	Atlantic County	22 South Texas Ave. Atlantic City, NJ 08401	(609) 344-0660
Atlantic Human Resources Food Pantry	Atlantic County	119 West Bayview Avenue, Pleasantville, NJ 08232	(609) 641-5111
Mount Zion Baptist Church	Atlantic County	Site: 353 South New Road, Pleasantville, NJ 08232	(609) 641-4337
Bergen County Board of Social Services	Bergen County	218 Route 17 North, Rochelle Park, NJ 07662	(201) 368-4200
Salvation Army of Hackensack	Bergen County	436 Union Street Hackensack, NJ 07601	(201) 342-6531
Salvation Army of Englewood	Bergen County	380 S. Van Brunt Street, Englewood, NJ 07631	(201) 503-9400
Center for Food Action	Bergen County	192 West Demarest Avenue, Englewood NJ 07631	(201) 569-1804
Church of the Epiphany Food Pantry	Bergen County	247 Knox Avenue Cliffside Park, NJ	(201) 943-7320



Program Name	Coverage Area	Address	Telephone
Center for Food Action	Bergen County	316 First St. Hackensack, NJ	(201) 883-9375
Cliffside Park Borough Hall	Bergen County	525 Palisade Avenue, Cliffside Park NJ	(201) 945-3456
Faith Christian Counseling Center	Burlington County	704 Cooper St., Beverly, NJ 08010	(609) 880-3025
Christian Caring Center	Burlington County	378 Lakehurst Road, Browns Mills, NJ 08015	(609) 893-0700
St. Ann's Church Food Pantry	Burlington County	22 Trenton Road, Browns Mills, NJ 08015	(609) 893-3246 x29
Burlington Food Program	Burlington County	356 Conover St. Burlington, NJ 08016	(609) 386-6133
Holy Light Church of Jesus Christ	Burlington County	133 East Union Street, Burlington, NJ 08016	(609) 387-3183
Saint Mary Street United Methodist	Burlington County	483 St. Mary Street, Burlington, NJ 08016	(609) 387-1518
Sisterhood	Burlington County	132-136 East Broad Street, Burlington, NJ 08016	(609) 747-9333
Tabernacle Baptist Church Soup Kitchen	Burlington County	150 East 2nd Street, Burlington, NJ 08016	(609) 386-4785
Catholic Charities	Burlington County	801 Burlington Avenue, Delanco, NJ 08075	(856) 764-6940
Prince of Peace Lutheran Church	Burlington County	61 Rt. 70 East Marlton, NJ 08053	(856) 983-0607
Society of Saint Vincent DePaul	Burlington County	260 High Street, Mt. Holly, NJ 08060	(609) 267-9600
Interfaith Hospitality Network	Burlington County	16 E main St, Moorestown NJ 08057	(856) 638-0110
Saint Vincent DePaul Society of Holy	Burlington County	520 Medford Lakes Rd, Tabernacle Township, NJ 08088	(609) 268-0005
Emergency Food, Neighborhood Center	Camden County	278 Kaighn Ave, Camden 08103	(856) 365-5295
Little Rock Baptist Church	Camden County	1210 Kenwood Ave, Camden 08103	(856) 757-0440
Parkside United Methodist Church	Camden County	1418 Kaighns Ave, Camden 08103	(856) 964-2254
The Lord's Cupboard	Camden County	615 Jackson Rd, Atco 08004	(856) 768-0022



Program Name	Coverage Area	Address	Telephone
Audubon United Methodist Church	Camden County	314 W Graisbury Ave, Audubon 08106	(856) 547-6114
Salvation Army, Inc.	Cape May County	P.O. Box 316, Vineland, New Jersey 08360	(856) 696-5252
Salvation Army, Inc.	Cape May County	Cape May	(609) 861-2816
Salvation Army, Inc.	Cape May County	Ocean City	(609) 525-9288
Salvation Army, Inc.	Cape May County	Wildwood	(609) 889-2699
Salvation Army, Inc.	Cape May County	Cape May Court House	(609) 465-7087
Spanish Community Center-SHOREAhec	Cape May County	303 Summer Street, Landisville, New Jersey 08326	(856) 697-2967
St. Barnabas By the Bay Episcopal	Cape May County	13 W. Bates Avenue, Villas, New Jersey 08251	(609) 886-5960
Catholic Charities	Cape May County	1304 Route 47 S Village Shoppes, Rio Grande, NJ 08242	(609) 886-2662
Christ Gospel Church	Cape May County	2209 Route 9, Whitesboro, New Jersey 08252	(609) 390-0664
Community Food Bank of NJ	Cape May County	6735 Black Horse Pike, Egg Harbor Twp, New Jersey 08234	(609) 383-8843
Community Food Cupboard	Cape May County	8th & Central Avenue, Ocean City, New Jersey 08226	(609) 399-2988
First Presbyterian Church of Cape May	Cape May County	500 Hughes Avenue, Cape May, New Jersey 08204	(609) 884-3949
First United Methodist Church	Cape May County	1 Church Street, Cape May, New Jersey 08204	(609) 465-7087
Food Bank of South Jersey	Cape May County	St. Mary's Thrift Shop, Rio Grande, New Jersey 08242	(609) 393-8843 x106
Church of the Resurrection	Cape May County	200 West Tuckahoe Road, Marmora, New Jersey 08223	(609) 390-0664



Program Name	Coverage Area	Address	Telephone
St. Casimir Church	Cape May County	304 Clay Street, Woodbine, New Jersey 08270	(609) 861-5992
Holy Redeemer Home Care	Cape May County	1801 Route 9 North, Swainton, New Jersey 08210	(609) 465-2082
Holy Spirit Lutheran Church	Cape May County	1220 Bayshore Road, Villas, New Jersey 08251	(609) 886-2414
United Way of Cape May County	Cape May County	4 E. Jimmie Leeds Road, Galloway, New Jersey 08205	(609) 404-4483
St. Andrew's Episcopal Church	Cumberland County	Bridgeton, NJ	(856) 451-3233
Salvation Army Bridgeton	Cumberland County	Bridgeton, NJ	(856) 451-0999
Crusaders for Christ Pantry	Cumberland County	Bridgeton, NJ	(856) 455-5668
Bridgeton Assembly of God	Cumberland County	Bridgeton, NJ	(856) 451-5763
Bridgeton Union Baptist Church	Cumberland County	Bridgeton, NJ	(856) 451-1970
Bethany Grace Community Church	Cumberland County	Bridgeton, NJ	(856) 818-3810
West Park United Methodist Church	Cumberland County	Bridgeton, NJ	(856) 451-6363
Greater Bridgeton Family Success Center	Cumberland County	Bridgeton, NJ	(856) 451-1133
Gateway Community Action Partnership	Cumberland County	Bridgeton, NJ	(856) 451-6330
Parish of All Saints Church	Cumberland County	Millville, NJ	(856) 825-0021
Help and Hope Ministries	Cumberland County	214 Howard St Millville, NJ 08332	(856) 293-4357
Bethel AME Church/Bethel Dev. Corp -	Cumberland County	Millville, NJ	(856) 327-9092



Program Name	Coverage Area	Address	Telephone
Angel's Closet Food Bank	Cumberland County	Millville, NJ	(856) 327-2222
Cornerstone Community Church -	Cumberland County	Millville, NJ	(856) 765-5587
Casa P.R.A.C.	Cumberland County	Vineland	(856) 692-2331
First United Methodist Church	Cumberland County	Vineland	(856) 691-0940
Catholic Charities	Cumberland County	Vineland	(856) 691-1841
Salvation Army Vineland	Cumberland County	Vineland	(856) 696-5050
Abiding Peace Lutheran Church	Essex County	305 – 311 Route 46, Budd Lake, New Jersey 07828	(973) 691-9393
Apostles' House	Essex County	16-24 Grant St, Newark, New Jersey 07104	(973) 482-6609
Bethel Rehoboth Food Center	Essex County	Bloomfield, NJ, 07003	(973) 566-9100
Blessed Sacrament	Essex County	15 Van Ness Pl, Newark, New Jersey 07108	(973) 824-6548
Bloomfield Presbyterian Church	Essex County	147 Broad St, Bloomfield, New Jersey 07003	(973) 743-1796
Catholic Charities Newark	Essex County	37 Evergreen Pl, East Orange, NJ, 07018	(973) 266-7966
Mary & Martha's Kitchen	Essex County	393 Washington Ave, Belleville, New Jersey 07109	(973) 751-0616
St. James Social Service Corporation	Essex County	604 Martin Luther King Blvd, Newark, NJ 07102	(973) 624-4007
Church Women United Food Pantry	Essex County	1240 Clinton Ave, Irvington, NJ, 07111	(973) 373-5930
Clearview Baptist Church Food Pantry	Essex County	357 Hobson St, Newark, NJ, 07112	(973) 926-0471



Program Name	Coverage Area	Address	Telephone
El Club del Barrio	Essex County	76 Clinton Ave, Newark, New Jersey 07102	(973) 624-4222
First Hopewell Baptist Church	Essex County	525 Orange St, Newark, NJ, 07107	(973) 485-8100
Hispanic Cntr for Community Devel.	Essex County	441-443 Broad St., Newark, New Jersey 07102	(973) 624-2528
Goodwill Rescue Mission	Essex County	79 University Ave, Newark, NJ 07102	(973) 621-9560
Grace Reform Church	Essex County	31 Blum St, Newark, NJ 07103	(973) 643-8739
Greater Harvest Baptist Church	Essex County	PO Box 8235, Newark, NJ 07108	(973) 371-3134
Human Needs Food Pantry	Essex County	9 Label St, Montclair, NJ 07042	(973) 746-4669
Irvington Neighborhood Consortium	Essex County	346 Sixteenth Ave, Irvington, New Jersey 07111	(973) 416-0909
Kokem Angel Food Pantry	Essex County	43 Market St., Paterson, New Jersey 07505	(866) 377-9776
Lighthouse Community Services	Essex County	487 Washington St, Newark, New Jersey 07102	(973) 802-1802
Roseville Presbyterian Church	Essex County	36 Roseville Ave, Newark, New Jersey 07107	(973) 483-3361
Saint Mary's Church – Newark	Essex County	520 Martin Luther King Jr Blvd, Newark, NJ 07102	(973) 792-5790
Willing Heart – Agape Food Pantry	Essex County	555 Martin Luther King Blvd, Newark, New Jersey 07103	(973) 622-2100
New Community Corporation	Essex County	220 Bruce St, Newark, NJ 07103	(973) 623-6114
United Community Corporation	Essex County	332-334 S Eighth St, Newark, NJ 07103	(973) 642-0181
United Deliverance Tabernacle	Essex County	202 Hawthorne Ave, Newark, New Jersey 07112	(973) 297-0081
N. Jersey Community Research Initiative	Essex County	93 Central Ave, Newark, NJ 07103	(866) 448-5812



Program Name	Coverage Area	Address	Telephone
Cecil Deliverance Tabernacle	Gloucester County	Williamstown, NJ 08094	(856) 629-9818
Church of Christ	Gloucester County	Sewell, NJ 08080	(856) 589-1360
Clonmell United Methodist Church	Gloucester County	Gibbstown, NJ 08027	(856) 423-1196
Colonial Manor Methodist Church	Gloucester County	Woodbury, NJ 08096	(856) 845-5926
Community Bible Fellowship	Gloucester County	Williamstown, NJ 08094	(856) 629-7226
Deptford Church of God	Gloucester County	Deptford, NJ 08096	(856) 468-7607
Faith Fellowship Church of Glassboro	Gloucester County	Glassboro, NJ 08028	(856) 881-1138
Faith Temple Food Pantry	Gloucester County	Williamstown, NJ 08094	(856) 371-5702
First Baptist Church	Gloucester County	Clayton, NJ 08312	(856) 881-5454 ext. 101
First Baptist Church	Gloucester County	Mullica Hill, NJ 08062	(856) 478-4667
First Baptist Church of Pitman	Gloucester County	Pitman, NJ 08071	(856) 589-2266
Golden Gate	Gloucester County	Clayton, NJ 08312	(856) 863-4900
The Greater Promise of Holiness	Gloucester County	Williamstown, NJ 08094	(856) 629-4646
Hollybush Neighborhood Network	Gloucester County	Glassboro, NJ 08028	(856) 881-8547
Incarnation Church	Gloucester County	Mantua, NJ 08051	(856) 468-1314
Infant Jesus (St Margaret's)	Gloucester County	Woodbury Hgts, NJ 08097	(856) 848-0047
South Jersey Dream Center	Gloucester County	National Park, NJ 08063	(856) 845-4500



Program Name	Coverage Area	Address	Telephone
Jesus Recycles Ministries Food Bank	Gloucester County	Franklinville, NJ 08322	(856) 243-2138
King's Things	Gloucester County	Swedesboro, NJ 08085	(856) 467-1796
Laurelwood SDA Church	Gloucester County	Deptford, NJ 08096	(856) 232-3366
Monroe Twp./Pfeiffer Community Center	Gloucester County	Williamstown, NJ 08094	(856) 728-9841
Mt. Carmel U.A.M.E. Church	Gloucester County	Paulsboro, NJ 08066	(856) 332-1378
New Life in Christ Ministries	Gloucester County	Malaga, NJ 08328	(856) 694-2010
North Baptist Church	Gloucester County	Woodbury, NJ 08096	(856) 845-8433
Our Lady Queen of Peace	Gloucester County	Pitman, NJ 08071	(856) 589-5673
Paulsboro Community Dev. Center	Gloucester County	Paulsboro, NJ 08066	(856) 224-1401
Philabundance Fresh	Gloucester County	VFW 275 Wilmer St Glassboro	(215) 220-1920
Philabundance Fresh	Gloucester County	402 Cook Ave., Paulsboro	(215) 220-1920
Spoken Word Evangelistic	Gloucester County	Woodbury Heights, NJ 08097	(856) 845-8845
St. Clare of Assisi	Gloucester County	Swedesboro, NJ 08085	(856) 423-4190
St. John's United Methodist Church	Gloucester County	Turnersville, NJ 08012	(856) 227-6567
St. Matthew's Community Devel. Corp	Gloucester County	Williamstown, NJ 08094	(856) 629-4614 Ext. 238
St. Mary Roman Catholic Church	Gloucester County	32 Carrol Avenue, Williamstown, 08094	(856) 629-6142
St. Michael the Archangel	Gloucester County	Clayton, NJ 08312	(856) 881-9155



Program Name	Coverage Area	Address	Telephone
St. Michaels/St. Vincent DePaul Society	Gloucester County	Gibbstown, NJ 08027	(856) 423-4190
Mothers Cupboard	Gloucester County	Washington Twp, NJ 08012	(856) 589-6446
Life Church Emergency Food Pantry	Gloucester County	Williamstown NJ 08094	(856) 629-4680
CAUSE	Hudson County	739 Bergen Ave, Jersey City, NJ, 07306	(201) 432–2824
Let's Celebrate	Hudson County	48 Fairview Ave Suite 46, Jersey City, NJ, 07304	(201) 433-5438
North Hudson Community Action Corp	Hudson County	5301 Broadway, West New York, New Jersey, 07093	(201) 866-9320
Palisades Emergency Residence Corp.	Hudson County	108 36th St., Union City, NJ, 07087	(201) 348-8150
Riverside Cares	Hudson County	317 3rd St., Jersey City, NJ, 07302	(201) 798-0642
Salvation Army, Jersey City Corps	Hudson County	562 Bergen Ave, Jersey City, NJ, 07304	(201) 435-7355
Kearny Corps Salvation Army	Hudson County	443 Chestnut St., Kearny, NJ, 07032	(201) 991-1115
Town of Secaucus	Hudson County	1205 Paterson Plank Rd, Secaucus, NJ, 07094	(201) 330-2016
Sharing Place	Hudson County	440 Hoboken City, Jersey City, New Jersey, 07306	(201) 963-5518
Women Rising	Hudson County	169 Monticello Ave., Jersey City, New Jersey, 07306	(201) 860-4030
Elijah's Cupboard Food Pantry	Hunterdon County	Sergeantsville, NJ 08557	(609) 397-2333
Flemington Area Food Pantry	Hunterdon County	110 Broad Street, Flemington, NJ 08822	(908) 788-5568
Frenchtown Presbyterian Church	Hunterdon County	20 Fourth Street, Frenchtown, NJ 08825	(908) 996-2227
Lambertville Pantry Fisherman's Mark	Hunterdon County	89 North Main Street, Lambertville, NJ 08530	(609) 397-0194



Program Name	Coverage Area	Address	Telephone
North Hunterdon Community Food Bank	Hunterdon County	528 West Hill Road, Glen Gardner, NJ 08826	(908) 537-2395
Open Cupboard Food Pantry	Hunterdon County	37 Old Highway 22, Clinton, NJ 08809	(908) 730-7320
St. Magdalen Food Pantry, Hope House	Hunterdon County	105 Mine Street, Flemington, NJ 08822	(908) 782-2922
St. Anne's Food Pantry	Hunterdon County	30 Main Street, Hampton, NJ 08827	(908) 537-2221
Trenton Area Soup Kitchen	Mercer County	72 1/2 Escher St, Trenton, NJ 08609	(609) 695-5456
Community Action Service Center	Mercer County	116 N Main St, Hightstown, NJ 08520	(609) 443-4464
Homefront	Mercer County	1880 Princeton Ave, Lawrenceville, NJ 08648	(609) 989-9417
RISE Community Services Partnership	Mercer County	116 N Main St, Hightstown, NJ 08520	(609) 443-0318
Catholic Charities Emergency Services	Mercer County	132 N Warren St, Trenton, NJ 08608	(609) 394-8847
Hands of Hope Food Pantry Edison, NJ	Middlesex County	2136 Woodbridge Ave, Edison, NJ 08817	(732) 236-3330
Trinity Episcopal Church	Middlesex County	650 Rahway Ave. Trinity Lane, Woodbridge, NJ 07095-3530	(732) 634-7422
Rahway Food For Friends Food Pantry	Middlesex County	1221 New Brunswick Ave, Rahway, NJ 07065	(732) 381-7201
Pantry One Food Mart	Middlesex County	440 Lake Ave, Colonia, NJ 07067	(732) 381-4766
Perth Amboy Coalition of Food Pantries	Middlesex County	282 McClellan St, Perth Amboy, NJ 08861	(732) 826-0447
Catholic Charities	Middlesex County	288 Rues Ln, East Brunswick, NJ 08816	(732) 257-6100
Franklin Township Food Bank	Middlesex County	60 Millstone Rd, Somerset, NJ 08873	(732) 246-0009
Emanuel Lutheran Church	Middlesex County	1 Kirkpatrick St, New Brunswick, NJ 08901	(732) 545-2673



Program Name	Coverage Area	Address	Telephone
Fulfill	Monmouth County	3300 Rte 66, Neptune, NJ 07753	(732) 918-2600
Manasquan Food Pantry	Monmouth County	16 Virginia Ave, Manasquan, NJ 08736	(732) 223-0898
Lunch Break	Monmouth County	121 Drs James Parker Blvd, Red Bank, NJ 07701	(732) 747-8577
Rahway Food For Friends Food Pantry	Monmouth County	1221 New Brunswick Ave, Rahway, NJ 07065	(732) 381-7201
Bradley Food Pantry	Monmouth County	605 4th Ave, Bradley Beach, NJ 07720	(732) 775-0161
Keyport Ministerium Food Pantry	Monmouth County	42 Elizabeth St, Keyport, NJ 07735	(732) 888-1986
Colts Neck Reformed Church	Monmouth County	139 Route 537, Colts Neck, NJ 07722	(732) 462-4555
Interfaith Food Pantry	Morris County	2 Executive Dr, Morris Plains, NJ 07950	(973) 538-8049
Mount Olive Food Pantry	Morris County	369 Sand Shore Rd, Budd Lake, NJ 07828	(862) 251-3938
Community Soup Kitchen	Morris County	36 South St, Morristown, NJ 07960	(973) 267-0709
Parsippany Christian Church	Morris County	205 Vail Rd, Parsippany, NJ 07054	(973) 335-7176
Lincoln Park Food Pantry	Morris County	10 Boonton Tpke, Lincoln Park, NJ 07035	(973) 694-2890
St Mary's Food Pantry	Morris County	22 Lakeside Ave, Pompton Lakes, NJ 07442	(973) 831-4442
Human Needs Food Pantry	Morris County	9 Label St, Montclair, NJ 07042	(973) 746-4669
Lacey Food Bank Inc	Ocean County	102 Station Dr, Forked River, NJ 08731	(609) 242-2848
Greater Tuckerton Food Pantry	Ocean County	148 N Green St, Tuckerton, NJ 08087	(609) 294-4777
Fulfill NJ	Ocean County	1769 Hooper Ave, Toms River, NJ 08753	(732) 918-2600



Program Name	Coverage Area	Address	Telephone
St Gregory's Pantry	Ocean County	804 Bay Ave, Point Pleasant Beach, NJ 08742	(732) 892-8105
Salvation Army	Ocean County	1738 Rte 37 E, Toms River, NJ 08753	(732) 270-8393
St Vincent DePaul Society	Ocean County	250 Old Squan Rd, Brick, NJ 08724	(732) 458-7450
Barnegat food pantry and Thrift store	Ocean County	360 A Rt 9, Barnegat, NJ 08005	(609) 698-7174
Community Outreach Food Pantry	Ocean County	236 Brick Blvd, Brick, NJ 08723	(732) 451-0779
Local Urban Kitchen	Ocean County	1805 Ocean Ave, Point Pleasant Beach, NJ 08742	(848) 232-3451
East Dover Baptist Church	Ocean County	974 Bay Ave, Toms River, NJ 08753	(732) 270-4888
St Mary's Food Pantry	Passaic County	22 Lakeside Ave, Pompton Lakes, NJ 07442	(973) 831-4442
New Hope Community Ministries	Passaic County	331 N 11th St, Prospect Park, NJ 07508	(973) 942-4059
The Sloatsburg Food Pantry	Passaic County	93 Orange Turnpike, Sloatsburg, NY 10974	(914) 393-3160
CUMAC	Passaic County	223 Ellison St, Paterson, NJ 07505	(973) 742-5518
Center for Food Action	Passaic County	145 Carletondale Rd, Ringwood, NJ 07456	(973) 962-9001
St Joseph's Church	Passaic County	454 Germantown Rd, West Milford, NJ 07480	(973) 697-6100
Catholic Charities Food Pantry	Salem County	Salem, NJ 08079	(856) 339-4102
God Hands of Love Food Pantry	Salem County	Salem, NJ 08079	(856) 935-0060
Mickey Bowman Food Pantry	Salem County	Salem, NJ 08079	(856) 935-0531
Mount Calvary SDA Church - Food Pantry	Salem County	Salem, NJ 08079	(856) 935-5172



Program Name	Coverage Area	Address	Telephone
United Methodist Church - Food Pantry	Salem County	Salem , NJ 08079	(856) 935-2091
Oasis Kitchen	Salem County	Salem, NJ 08079	(856) 935-1815
St. John's Pentecostal Church Pantry	Salem County	Salem, NJ 08079	(856) 935-1445
Fish, Inc.	Somerset County	PO Box 6288, Bridgewater, NJ 08807	(908) 725-5556
Food Bank Network of Somerset County	Somerset County	Somerset County	(732) 560-1813
Franklin Township Food Bank	Somerset County	60 Millstone Road, Somerset, NJ 08875	(732) 246-0009
My Neighbor's Ministries	Somerset County	595 Weston Canal Road, Somerset, NJ 08873	(732) 560-4001
Salvation Army of Bound Brook	Somerset County	108 Hamilton Street, Bound Brook, NJ 08805	(732) 748-1146
Samaritan Homeless Interim Program	Somerset County	87 E. High Street, Somerville, NJ 08876	(908) 393-9545
Sparta Ecumenical Food Pantry	Sussex County	32 Main St, Sparta, NJ 07871	(973) 729-6197
Samaritan Inn	Sussex County	901 Swartswood Rd, Newton, NJ 07860	(973) 940-8872
Sussex County Social Service Division	Sussex County	83 Spring St Ste 203, Newton, NJ 07860	(973) 383-3600
Harvest House	Sussex County	1 Hamburg Ave, Sussex, NJ 07461	(973) 875-6445
The Ecumenical Food Pantry	Sussex County	321 5th St, Milford, PA 18337	(570) 618-1568
Sussex County Food	Sussex County	30 Moran St #1, Newton, NJ 07860	(973) 579-1882
Rahway Food For Friends Food Pantry	Union County	1221 New Brunswick Ave, Rahway, NJ 07065	(732) 381-7201
Starfish of Plainfield	Union County	631 E Front St, Plainfield, NJ 07060	(908) 755-8888



Program Name	Coverage Area	Address	Telephone
Hands of Hope Food Pantry Edison, NJ	Union County	2136 Woodbridge Ave, Edison, NJ 08817	(732) 236-3330
Community Food Bank of	Union County	31 Evans Terminal, Hillside, NJ 07205	(908) 355-3663
Perth Amboy Coalition of Food Pantries	Union County	282 McClellan St, Perth Amboy, NJ 08861	(732) 826-0447
Human Needs Food Pantry	Union County	9 Label St, Montclair, NJ 07042	(973) 746-4669
Open Cupboard Food Pantry	Warren County	37 Old Highway 22, Clinton, NJ 08809	(908) 730-7320
PVEN Food Pantry	Warren County	2334 Rte 209, Sciota, PA 18354	(570) 992-3136
Trinity United Methodist Church	Warren County	213 Main St, Hackettstown, NJ 07840	(908) 852-3020
First Presbyterian Church	Warren County	40 E Church St, Washington, NJ 07882	(908) 689-2547
Sparta Ecumenical Food Pantry	Warren County	32 Main St, Sparta, NJ 07871	(973) 729-6197
Mount Olive Food Pantry	Warren County	369 Sand Shore Rd, Budd Lake, NJ 07828	(862) 251-3938
Nazareth Area Food Bank	Warren County	529 S Main St, Nazareth, PA 18064	(610) 365-8869
Catholic Charities	Warren County	372 S Main St, Phillipsburg, NJ 08865	(908) 859-5447
Abilities of NW Jersey	Warren County	340 Anderson St, Phillipsburg, NJ 08865	(908) 454-2579
Norwescap Food Bank	Warren County	309 S Main St, Phillipsburg, NJ 08865	(908) 454-8830



Program Name	Coverage Area	Address	Telephone
Atlantic City Rescue Mission	Atlantic County	2009 Bacharach Boulevard, Atlantic City NJ 08401	(609) 345-5517
Bergen County Homeless Shelter	Bergen County	214 State Street. Hackensack NJ 07601	(201) 488-5100
Bergen County Homeless Shelter	Bergen County	21 East Kansas St. Hackensack NJ 07601	(201) 488-5100
Family Promise	Bergen County	479 Maitland Avenue, Teaneck, NJ 07666	(201) 833-8009
Peter's Place Safe Haven	Bergen County	251 State St. Hackensack, NJ 07661	(201) 342-2365
Burlington County Action Program	Burlington County	718 Route 130 South, Burlington, NJ 08016	(609) 386-5800
Delaware House-Catholic Charities	Burlington County	25 Ikea Drive, West Hampton, NJ 08060	(609) 267-9339
Salt and Light Company Mt. Holly	Burlington County	96Rancocas Rd., Mt. Holly, NJ 08060	(609) 261-4571
Emergency Services of Delanco	Burlington County	801 Burlington Ave	(856) 764-6940
The Extended Hand Ministries Inc.	Burlington County	275 Holeman St., Mt. Holly, NJ 08060	(609) 914-4270
Providence House	Burlington County	P.O. Box 496, Willingboro, NJ 08046	(609) 871-7551
Interfaith Hospitality Network	Burlington County	16 E main St, Moorestown NJ 08057	(856) 638-0110
Aletha R. Wright Center	Camden County	271 Atlantic Ave, Camden 08104	(856) 966-0909
Respond, Inc. Path Homeless Services	Camden County	816-818 N 5th St, Camden 08102	(856) 365-6597
Homeless Hospitality Network	Camden County	816-818 N 5th St, Camden 08102	(856) 963-5820 Intake, (609) 238- 8885 Emergency



Program Name	Coverage Area	Address	Telephone
Sunday Breakfast Rescue Mission	Camden County	302 N 13th St. (corner of Vine St.)	(215) 922-6400
Anna Sample Complex	Camden County	408 and 416 Line St, Camden 08103	(856) 963-0430
Homeless Hotline 609-886-1325after 4pm	Cape May County	4005 Route 9 South, Rio Grande, New Jersey 08242	(609) 886-6200
Housing Authority of Ocean City	Cape May County	204 4th Street, Ocean City, New Jersey 08226	(609) 399-1062
Lifeline Program	Cape May County	www.state.nj.us/health/seniorbenefits/index.shtml	800) 792-9745
Energy Assistance Program	Cape May County	4005 Route 9 South, Rio Grande, New Jersey 08242	(800) 510-3102; (609) 889-2699
NJ Department of Community Affairs	Cape May County	1601 Atlantic Avenue, 7th floor, Atlantic City, NJ 08401	(609) 441-3334
Salvation Army, Inc.	Cape May County	P.O. Box 316, Vineland, New Jersey 08360	(856) 696-5252
Salvation Army, Inc.	Cape May County	Cape May	(609) 861-2816
Salvation Army, Inc.	Cape May County	Ocean City	(609) 525-9288
Salvation Army, Inc.	Cape May County	Wildwood	(609) 889-2699
Salvation Army, Inc.	Cape May County	Cape May Court House	(609) 465-7087
Division of Social Services	Cumberland County	Vineland	(856) 691-4600
Cumberland Family Shelter	Cumberland County	Mays Landing Road, Vineland	(856) 825-3144
Gateway Community Action Partnership	Cumberland County	Cohansey Street, Bridgeton	(856) 451-2966



Program Name	Coverage Area	Address	Telephone
Center for Family Services	Cumberland County	Vineland, NJ	(800) 225-0196
Cumberland County Guidance Center	Cumberland County	Millville, NJ	(856) 825-6810
Safe House Emergency Shelter Bloomfield	Essex County	Bloomfield, NJ 07003	(973) 759-2378
Urban Renewal Corp Newark	Essex County	Newark, NJ 07103	(973) 483-2882
Helping The Homeless III LLC	Essex County	Newark, NJ 07104	(973) 732-9200
Interfaith Hospitality Overnight Shelter	Essex County	Montclair, NJ 07042	(973) 746-1400
Montclair Cornerstone Shelter	Essex County	Montclair, NJ 07042	(973) 744-8666
The Apostles' House	Essex County	Newark, NJ 07104	(973) 482-0625
Sierra House East Orange	Essex County	East Orange, NJ 07018	(973) 678-3556
Goodwill Rescue Mission	Essex County	Newark, NJ 07102	(973) 621-9560
Covenant House New Jersey	Essex County	Newark, NJ 07102	(973) 621-8705
Newark Emergency Services For Families	Essex County	Newark, NJ 07102	(973) 639-2100
Episcopal Community Development, Inc	Essex County	Newark, NJ 07108	(973) 710-1501
La Casa De Don Pedro Newark	Essex County	Newark, NJ 07104	(973) 482-8312
A Village For Humanity	Essex County	Irvington, NJ 07111	(973) 399-1393
Orange Housing Authority Orange	Essex County	Orange, NJ 07050	(973) 675-1250



Program Name	Coverage Area	Address	Telephone
Homeless Services Unit	Essex County	East Orange, NJ 07018	(973) 395-8350
CFFS- Mother/child Residential Program	Gloucester County	Woodbury, NJ 08096	(856) 853-1761
Family Promise - Overnight Shelter	Gloucester County	Glassboro, NJ 08028	(856) 243-5971
Family Promise - Day Center	Gloucester County	Glassboro, NJ 08028	(856) 243-5971
Eleanor Corbett House	Gloucester County	Glassboro, NJ 08028	(856) 881-5550
Anthony House	Hudson County	246 Second Street, Jersey City, NJ 07302	(201) 420-1070
Franciska Residence	Hudson County	615 Grove Street, Jersey City, NJ 07302	(201) 653-3366
Neuville Housing	Hudson County	619 Grove Street, Jersey City, NJ 07302	(201) 656-5771
Square Meal	Hudson County	46 Fairview Avenue, Jersey City, NJ 07306	(201) 332-0864
North Hudson, CAC	Hudson County	507 26th Street, Union City, NJ 07087	(201) 866-2388
Seton House	Hudson County	181 Carteret Avenue, Jersey City, NJ 07305	(201) 348-8150
Hoboken Clergy Coalition Shelter	Hudson County	300 Bloomfield Street, Hoboken, NJ 07030	(201) 656-5069
Inter-Religious Fellowship for Homeless	Hudson County	One Highland Avenue, Jersey City, NJ 07306	(201) 627-2111
York Street Project, St. Joseph's Home	Hudson County	81 York Street, Jersey City, NJ 07302	(201) 413-9280
YWCA of Bayonne	Hudson County	259 Avenue A, Bayonne, NJ 07002	(201) 339-2330
Let's Celebrate	Hudson County	One Highland Avenue, Jersey City, NJ 07306	(201) 433-5438



Program Name	Coverage Area	Address	Telephone
Congregate Meal of Hyacinth	Hudson County	183 Bayview Avenue, Jersey City, NJ 07306	(201) 433-1134
Corpus Christi Ministries	Hudson County	118 Summit Avenue, Jersey City, NJ 07304	(201) 604-2600
Salvation Army Adult Rehab. Center	Hudson County	248 Ere Street, Jersey City, NJ 07302	(201) 653-3071
Hudson County American Red Cross	Hudson County	26 Greenville Avenue, Jersey City, NJ 07305	(201) 433-3100
Sister Cabrini Soup Kitchen	Hudson County	89 York Street, Jersey City, NJ 07302	(201) 451-8225 ext. 155
Women Rising	Hudson County	270 Fairmount Avenue, Jersey City, NJ 07306	(201) 333-5700
Jewish Family Counseling	Hudson County	1050 Kennedy Boulevard, Bayonne, NJ 07002	(201) 436-1299
Bayonne American Red Cross	Hudson County	Seven West 9th Street, Bayonne, NJ 07002	(201) 436-8600
Family Promise of Hunterdon County, Inc.	Hunterdon County	10 East Main Street, Flemington, NJ 08822	(908) 782-2490
Salvation Army	Hunterdon County	40 East Main St., Flemington, NJ 08822	(908) 237-9008
Hunterdon Helpline	Hunterdon County	Hunterdon County	(800) 272-4630
Catholic Charities	Hunterdon County	Hunterdon County	(732) 324-8200
American Red Cross	Mercer County	1650 Pennington Road, Trenton, NJ 08610	(609) 538-8166
Anchor House	Mercer County	482 Centre Street, Trenton, NJ 08611	(609) 396-8329
Catholic Charities	Mercer County	47 North Clinton Avenue, Trenton, NJ 08638	(609) 538-8156
Christ Episcopal Church	Mercer County	Hamilton/Whitaker Avenue, Trenton, NJ 08611	(609) 394-8926



Program Name	Coverage Area	Address	Telephone
Doorway to Hope, Inc.	Mercer County	827 East State Street, Trenton, NJ 08609	(609) 396-5579
Lifeline Emergency Shelter	Mercer County	300 South Clinton Avenue, Trenton, NJ 08609	(609) 392-7665
St. Mary's Church Loaves and Fishes	Mercer County	Perry and North Warren Streets, Trenton, NJ 08618	(609) 466-9290
Mount Carmel Guild	Mercer County	73 North Clinton Avenue, Trenton, NJ 08638	(609) 392-3402
Princeton Deliverance Center	Mercer County	402-408 Dr. MLK Boulevard, Trenton, NJ 08618	(609) 392-9161
Rescue Mission of Trenton	Mercer County	Carroll Street, Trenton, NJ 08604	(609) 695-1436
Volunteers of America Amani House	Mercer County	518-520 Martin Luther King Boulevard, Trenton, NJ 08618	(609) 393-3168
Catholic Charities Ozanam Family Shelter	Middlesex County	89 Truman Drive, Edison, NJ 08827	(908) 985-0327
Salvation Army	Middlesex County	433 State Street, Perth Amboy, NJ 08861	(732) 826-7040
Women Aware, Inc.	Middlesex County	P.O. Box 312, New Brunswick, NJ 08903	(908) 937-9525
Interfaith Neighbors	Monmouth County	810 4th Ave, Asbury Park, NJ 07712	(732) 775-0525
Monmouth Housing Alliance	Monmouth County	59 Broad St, Eatontown, NJ 07724	(848) 208-2170
Family Promise Monmouth County Inc	Monmouth County	PO Box 70, Middletown, NJ 07748	(732) 495-1050
Housing Coalition of Central	Monmouth County	90 Jersey Ave, New Brunswick, NJ 08901	(732) 249-9700
Affordable Housing Alliance	Monmouth County	3535 State Route 66 Ste 4, Neptune, NJ 07753	(732) 389-2958
Habcore Inc	Monmouth County	788 Shrewsbury Ave Ste 2201, Tinton Falls, NJ 07724	(732) 544-1975



Program Name	Coverage Area	Address	Telephone
Market Street Mission Inc	Morris County	9 Market St, Morristown, NJ 07960	(973) 538-0431
Our Place Inc	Morris County	51 Washington St, Morristown, NJ 07960	(973) 539-9920
Homeless Solutions	Morris County	540 W Hanover Ave Ste 100, Morristown, NJ 07960	(973) 993-0900
Homeless Solutions	Morris County	6 Dumont Pl Ste 2, Morristown, NJ 07960	(973) 993-0900
Home Solutions	Morris County	540 W Hanover Ave Ste 100, Morristown, NJ 07960	(973) 998-6546
Oceans Harbor House	Ocean County	808 Conifer St, Toms River, NJ 08753	(732) 281-0822
Oceans Harbor House	Ocean County	2445 Windsor Ave, Toms River, NJ 08754	(732) 929-0660
Interfaith Hospitality	Ocean County	407 Lexington Ave, Toms River, NJ 08753	(732) 736-1550
Catholic Charities	Ocean County	88 Schoolhouse Rd Ste 1, Whiting, NJ 08759	(732) 350-2120
Eva's Village	Passaic County	393 Main St, Paterson, NJ 07501	(973) 523-6220
Volunteers of America	Passaic County	100 Scales Plz, Clifton, NJ 07013	(973) 777-0240
Emergency Housing Service	Passaic County	555 Passaic Ave Ste 205, West Caldwell, NJ 07006	(973) 808-1220
Volunteers of America	Passaic County	195 Gregory Ave, Passaic, NJ 07055	(973) 470-0039
Salem County Women's Service A NJ	Salem County	PO Box 125, Salem, NJ 08079	(856) 935-6655
Give Me Shelter	Salem County	209 Megan Ct, Newark, DE 19702	(302) 420-0402
Connect by Night Homeless Shelter	Salem County	7200 Chestnut St, Upper Darby, PA 19082	(267) 507-3970



Program Name	Coverage Area	Address	Telephone
Mary Mother of Hope House III	Salem County	515 N Broom St, Wilmington, DE 19805	(302) 652-0970
Agape House by Volunteers of America	Somerset County	122-128 E. Main Street, Somerville, NJ, 08876	(908) 707-9753
Alternatives, Inc.	Somerset County	600 First Avenue, Raritan, NJ 08869	(908) 685-1444
Department of Community Affairs	Somerset County	75 Veterans Memorial Dr, Suite 202, Somerville, NJ 08876	(908) 707-9010
Interfaith Hospitality Network	Somerset County	98 West End Avenue, Somerville, NJ 08876	(908) 704-1920
Lutheran Social Ministries of New Jersey	Somerset County	3 Manhattan Drive, Burlington, NJ 08016	(609) 386-7171
Samaritan Homeless Interim Program	Somerset County	87 E. High Street, Somerville, NJ 08876	(908) 393-9545
Domestic Abuse Services, Inc.	Sussex County	P.O. Box 805, Newton, NJ 07860	(201) 875-1121
Family Promise of Sussex County, Inc.	Sussex County	P.O. Box 154, Newton, N.J. 07860	(973) 579-1180
Samaritan Inn, Inc.	Sussex County	103 Route 23, Hamburg, NJ 07419	(201) 827-8911
House The Homeless	Union County	118 Division St, Elizabeth, NJ 07201	(908) 355-2060
Interfaith Hospitality Network	Union County	46 Park St, Montclair, NJ 07042	(973) 746-1400
The Sierra House Inc	Union County	134 Evergreen Pl Ste 103, East Orange, NJ 07018	(973) 678-3556
Homefirst Housing & Family Services, Inc.	Union County	1009 Park Ave, North Plainfield, NJ 07060	(908) 753-4001
Turning Point Community Service	Union County	1011 Grove St, Irvington, NJ 07111	(973) 374-7838
American Red Cross	Warren County	115 Greenwich Street, Belvidere, NJ 07823	(908) 475-2770
Family Promise of Warren County	Warren County	65A Washington Avenue, Oxford, NJ 07863-0267	(908) 453-2194



### NJSP DMI COVID-19 Resource Guide – Senior Services

Name	Coverage Area	Description	Website
Meals on Wheels	Nationwide	Vulnerable seniors are at the greatest risk amid COVID-19. Local Meals on Wheels programs are on the front lines every day, focused on doing all they can to keep older Americans safe and nourished in communities across the country.	https://www.mealsonwheelsamerica.org
Senior and Vulnerable Shoppers - Special Hours	Nationwide	Many stores are opening early or offering special shopping times for seniors and vulnerable shoppers. See list to the right and be sure to check with individuals stores in your area to verify.	
Scoop 4 Seniors	Nationwide	19 Free Services for Seniors or Their Caregivers	http://seniornet.org/blog/19-free- services-for-seniors-or-their-caregivers/
Salvation Army	Nationwide	The Salvation Army of New Jersey is committed to meeting the needs of our community during the Coronavirus pandemic. Our corps community centers are prepared to assist those in need of emergency services, which includes our feeding programs. With the disproportionate risk to the senior population we are conducting an outreach to senior citizens in communities to ensure that they stay safe and that they have necessary provisions.	https://newjersey.salvationarmy.org/
National Council on Aging	Nationwide	UPDATED: Coronavirus: What Older Adults Need to Know	https://www.ncoa.org/blog/coronavirus-what- older-adults-need-to-know/
AARP	Nationwide	7 Ways to Boost Your Loved One's Morale During the Coronavirus Epidemic	https://www.aarp.org/caregiving/health/info- 2020/boost-morale-during-coronavirus.html



# NJSP DMI COVID-19 Resource Guide - Veterans

Name	Coverage Area	Description	Website
VA - Public Health Novel Coronavirus Disease (COVID-19)	Nationwide	Public health page hosted by the US Dept. of Veterans Affairs regarding COVID-19. It includes information on what the VA is currently doing, how veterans and their families can protect themselves, and viral statistics on veterans with positive COVID-19 diagnoses.	https://www.publichealth.va.gov/n-coronavirus/index.asp
VA National Center for PTSD - COVID- 19: Resources for Managing Stress	Nationwide	Resources from the National Center for PTSD for managing stress and anxiety associated with the COVID-19 outbreak.	https://www.ptsd.va.gov/covid/index.asp
New Jersey Department of Military and Veterans Affairs	Statewide	Department of Military and Veterans Affairs	https://www.nj.gov/military/veterans/
NJ Vet 2 Vet	New Jersey	Veterans Counseling Hotline NJVet2Vet understands and wants to assure you that we have worked through contingency plans that allow our peers to remain standing by 24/7 to talk with you and connect you to needed resources. 866-VETS-NJ4	www.njvet2vet.com
Vets4Warriors	National	A 24/7 program for veterans who have served In wars 833-422-2765	https://www.vets4warriors.com/



# NJSP DMI COVID-19 Resource Guide – First Responders

Name	Coverage Area	Description	Website
CDC	Nationwide	Resources for First Responders and Law Enforcement	https://www.cdc.gov/coronavirus/2019- ncov/community/first-responders.html
CDC COVID-19 Interim Guidance for EMS	Nationwide	Interim Guidance for Emergency Medical Services (EMS) Systems and 911 Public Safety Answering Points (PSAPs) for COVID-19 in the United States	https://www.cdc.gov/coronavirus/2019- ncov/hcp/guidance-for-ems.html
First Responder Center of Excellence	Nationwide	It doesn't matter the day of the week or the time of day, but our nation's first responders answer their call to duty without hesitation. While they train and prepare tactically for their daily responses, they must also be physically and mentally prepared for those same calls.	
NENA	Nationwide	NENA works with public policy leaders; emergency services and telecommunications industry partners; like-minded public safety associations; and other stakeholder groups to develop and carry out critical programs and initiatives; to facilitate the creation of an IP-based Next Generation 9-1-1 system; and to establish industry leading standards, training, and certifications	https://www.nena.org/page/covid19
Centers for Disease Control & Prevention	Nationwide	Emergency Responders: Tips for taking care of yourself	https://emergency.cdc.gov/coping/responders.asp
Fire Rescue 1	Nationwide	COVID-19: Simple steps firefighters can implement today	https://www.firerescue1.com/coronavirus-covid- 19/articles/covid-19-simple-steps-firefighters-can- implement-today-rdpwgkjdXjdIQLPt/
EMS1	Nationwide	Self-care is critical for managing stress levels in EMTs and paramedics responding to COVID-19	https://www.ems1.com/mental-health/articles/self-care-is- critical-for-managing-stress-levels-in-emts-and- paramedics-responding-to-covid-19-tXvclhD64dZnqPqY/
Policeone.com	Nationwide	Coronavirus considerations for law enforcement	https://www.policeone.com/police-products/infection- control/articles/coronavirus-considerations-for-law- enforcement-for0uubfrYuriZaG/



### NJSP DMI COVID-19 Resource Guide – College Resources

Name	Coverage Area	Description	Website
Hope Center Guide for Supporting College Students	Nationwide	Guide to help colleges and universities keep their students, faculty, and staff healthy, safe, and educated during the COVID-19 pandemic.	https://hope4college.com/supporting-students- during-covid19/
SNAP for College Students	Nationwide	SNAP can be used to buy groceries at over 246,000, authorized retailers, grocery stores, and other places that sell food, including discount stores, bodegas, and farmers markets.	https://www.clasp.org/sites/default/files/public ations/2017/10/SNAP%20for%20College%20St udents-An%20Overview.pdf
Edquity	Nationwide	Provides online emergency support for students during COVID-19 outbreak by providing online access to emergency funding and other resources.	https://edquity.co/COVID-19.pdf
U-Haul	Nationwide	30-days free storage for college students impacted by campus closure.  Call 800-GO-UHAUL	https://www.uhaul.com/Articles/About/20625/ College-Students-U-Haul-Offers-30-Days-Free- Self-Storage-amid-Coronavirus- Outbreak/?utm_campaign=uhaulsm&utm_source =twitter&utm_medium=pr&utm_content=202003 12-uhaulisoffering30
Lowering College Students' Bills with Energy Assistance Programs	Nationwide	Guide to help students navigate programs offered by utility companies to lower bills to help avoid financial distress.	https://hope4college.com/beyond-the-food- pantry-lowering-college-students-bills-with- energy-assistance-programs/



### NJSP DMI COVID-19 Resource Guide – Job Searches

Name	Coverage Area	Description	Website
State of New Jersey COVID-19 Jobs and Hiring Portal	Statewide	The State of New Jersey has developed a centralized resource to match talent with opportunities in industries on the front lines of serving New Jerseyans during the outbreak. Did you lose your job or have your hours reduced as a result of COVID-19? Businesses across New Jersey need thousands of workers for immediate hire. Learn more about who is hiring in your community.	https://jobs.covid19.nj.gov/
Jersey Job Club	Statewide	The Jersey Job Club gives you the tools and support you need to find a job. We'll help you develop new skills and improve on skills you already have. There are 23 Jersey Job Clubs throughout New Jersey.	https://careerconnections.nj.gov/careerconnections/plan/support/jobclub/jersey_job_club.shtml
NJ Career Connections	Statewide	a resume can serve many purposes in your search for employment. Therefore, it is important to choose a resume type that best meets your needs. Obtain assistance in writing the best resume for you	https://careerconnections.nj.gov/careerconnections/prepare/resumes/assist/resumewriting assistance.shtml
Transportation Assistance	Statewide	Transportation can be one of the biggest hurdles to employment for jobseekers. Fortunately, whether you plan to drive to your next job, take the bus or train, or are in need of special services to assist you in your travels, there are many resources in New Jersey to help you get to your next job.	https://careerconnections.nj.gov/careerconnections/prepare/transportation/transportation assistance.shtml
NJ Career Connections Ex-Offender Services	Statewide	If you are an individual who has either been recently released from incarceration, were previously incarcerated, has an arrest or misdemeanor conviction in need of employment assistance, your One-Stop Career Center can help. Each One-Stop Career Center has trained staff available to assist you.	https://careerconnections.nj.gov/careerconnections/plan/foryou/exoffenders/ex offender services.shtml



### NJSP DMI COVID-19 Resource Guide – Business/Employee Resources

Name	Coverage Area	Description	Contact	Website
Division of NJ Unemployment	Statewide	File a Clam for New Jersey Unemployment Services	North New Jersey: 201-601-4100 Central New Jersey: 732-761-2020 South New Jersey 856-507-2340	https://myunemployment.nj.gov/
NJ Unemployment FAQ's	Statewide	Frequently Asked Questions		https://myunemployment.nj.gov/labor/myunemployment/help/faqs
Division of Temporary Disability and Family Leave Insurance	Statewide	New Jersey's Earned Sick Leave Law even covers public health emergencies – employees can use Earned Sick leave if their workplace or child's school or daycare is closed due to an epidemic, or if a public health authority determines the need for a quarantine.		https://myleavebenefits.nj.gov/
NJ COVID-19 Hire on Demand	Statewide	COVID-19 Employer On Demand Hiring Intake Form Please complete this form for each specific job that you are currently hiring for.  If you have questions about completing this form, please send an email to .  Please note: information provided by your company will be made available to the public through the COVID19 Jobs Portal and will be subject to the Open Public Record Act.		covid19jobs@njeda.com
CDC Interim Guidance for Businesses and Employers	Nationwide	This interim guidance is based on what is currently known about the coronavirus disease 2019 (COVID-19). The Centers for Disease Control and Prevention (CDC) will update this interim guidance as needed and as additional information becomes available.		https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html?CDC AA refVal=https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-business-response.html
Department of Labor & Workforce Development	Statewide	NJDOL and the Coronavirus (COVID-19): What Employers & Businesses Should Know		https://www.nj.gov/labor/employ er-services/business/covid.shtml



#### NJSP DMI COVID-19 Resource Guide – Business/Employee Resources

Name	Coverage Area	Description	Contact	Website
Restaurant Workers Community Foundation	Nationwide	Information and links to resources that will help restaurants and workers deal most effectively with the COVID-19 Emergency	info@restaurantworkerscf.org	
U.S. Department of Labor Unemployment Insurance	Nationwide	New guidance on unemployment insurance flexibilities during COVID-19 outbreak.		https://www.dol.gov/newsroom/ releases/eta/eta20200312-0
U.S. Small Business Administration Disaster Assistance	Nationwide	The SBA provides low-interest disaster loans to help businesses and homeowners recover from declared disasters. Monday through Friday from 8:00 am to 8:00 pm ET	1-800-659-2955 Deaf /Hard-of-Hearing: 1-800- 877-8339 <u>disastercustomerservice@sba.gov</u>	https://www.sba.gov/disaster- assistance/coronavirus-covid-19
Freelance Artist Resources	Nationwide	Aggregated list of free resources, opportunities, and financial relief options available to artists of all disciplines.		https://covid19freelanceartistres ource.wordpress.com/
Resources for Musicians and Live Music Professionals	Nationwide	List of resources for musicians and live music professionals during COVID-19, as well as ways fans can support artists right now.		https://sheshredsmag.com/covid -19-resources-for-musicians/
Various Freelancer Resources	Nationwide	Everything from emergency funding to remote job opportunities.		https://covid19freelanceartistres ource.wordpress.com/
US Small Business Administration	Nationwide	Disaster assistance; The SBA provides low- interest disaster loans to help businesses and homeowners recover from declared disasters.		https://www.sba.gov/funding- programs/disaster-assistance



#### NJSP DMI COVID-19 Resource Guide – Home Expenses Information

Name	Coverage Area	Description	Website
NJ 211 Housing Assistance	Statewide	Housing Expense Assistance by Topic	https://www.nj211.org/resource- search/taxonomy/BH-3800/_/1
Community Food Bank of NJ	Monmouth, Ocean, Mercer, Hunterdon, Sussex, and Warren Counties	If you need additional food assistance, our SNAP Outreach team can help you apply or recertify for SNAP benefits. Please call our SNAP hotline for assistance over the phone: 800-609-3663.	https://cfbnj.org/findfood/
Mend Hunger Relief Network	Essex County	Meeting Essential Needs with Dignity. MEND is an network of 20 member food pantries located throughout Essex County, NJ, that strengthens and supports its food pantry network by providing supplemental food, funds, volunteers.	https://mendnj.org/
State of NJ Office of Emergency Management	Statewide	NJ's Board of Public Utilities has announced that all of NJ's public electric and gas utilities have agreed to suspend service shutoffs.	http://ready.nj.gov/plan-prepare/public- utilities.shtml
State of NJ Board of Public Utilities	Statewide	If you are having issues with a utility company, the Board of Public Utilities asks that you contact them	https://www.state.nj.us/bpu/assistance/index.html
Division of Housing and Community Resources	Statewide	Department of Consumer Affairs "one stop" website to let you see if you are eligible for housing and utilities assistance programs all at the same time. Section 8 Housing Vouchers, Rental Assistance, HIV+, and Veterans. There also homelessness and eviction prevention programs and Energy Assistance Programs	https://njdca-housing.dynamics365portals.us/en-US/
State level eviction and foreclosure protections: bill A3859/S2276.	Statewide	Governor Murphy Enacts Moratorium on Removals of Individuals Due to Evictions or Foreclosures	https://nj.gov/governor/news/news/562020/approv ed/20200319c.shtml
Fulfill	Monmouth & Ocean Counties	Fulfill's mission is to alleviate hunger and build food security in Monmouth & Ocean Counties and to make sure that all people at all times have access to enough nutritious food to maintain an active and healthy life. 732-918-2600	https://fulfillnj.org/get-help/locate-a- pantry/?gclid=EAIaIQobChMIkYeYiPiX6AIVB7zACh1Z GAxPEAAYASAAEgKyC_D_BwE
Seeds of Service	Brick Twp.	Seeds of Service has clothing and household needs programs on site, as well as a food pantry. Due to COVID-19 recommendations, S.O.S. has temporarily changed its protocol. Please call ahead 732-746-3456	https://seedsofservice.help/
US Small Business Administration	Nationwide	Disaster assistance; The SBA provides low-interest disaster loans to help businesses and homeowners recover from declared disasters.	https://www.sba.gov/funding-programs/disaster- assistance



#### NJSP DMI COVID-19 Resource Guide – In-Home Education (Online)

Name	<b>Description</b> Website		
NASP	Free tips and resources on how to talk to your kids about COVID-19.  https://www.nasponline.org/resources-and-publications/resources-and-podcclimate-safety-and-crisis/health-crisis-resources/talking-to-children-about-(coronavirus)-a-parent-resource		
Class Central	List of 450 free, online Ivy League courses.	https://www.freecodecamp.org/news/ivy-league-free-online-courses-a0d7ae675869/	
Life Skills for Kids	100 life skills to teach your kids.	https://drive.google.com/file/d/1LWbdX8zIbkCFSh- LhN5Ip2TI3QIw5H1K/view?fbclid=IwAR2fCHl3o7rujTMQj7V79_0NBAiKkxqht5hwi1wBat- Feq2SgsTwMuHkWl0	
Live Streaming Shows & Music Classes for Kids: Online Listings (created by Amelia of Mil's Trills)	Online streaming for kids concerts and lessons.	https://docs.google.com/spreadsheets/d/1cUldDMYYhMy- gBDChEmuWZzxI2TyKp3lYrkEsSKcPqs/edit?fbclid=IwAR1rp9Ukg4d6Wy6CNMgchm0fPaU MVhFd- 0ZpB2r-TN-Dci0DDNK21ISJS8#gid=0	
What Moms Love	87 energy-busting, physical activities for kids.	https://whatmomslove.com/kids/active-indoor-games-activities-for-kids-to-burn-energy/	
Lynda	Online learning platform with courses in business, software, technology, and creative skills. Use it to achieve personal and professional goals. Free with your library card.		
Early Bird Books	Free Ebooks	https://earlybirdbooks.com/	
BookBub	Free Ebooks <a href="https://www.bookbub.com/welcome">https://www.bookbub.com/welcome</a>		
Freebooksy	Free Ebooks	https://www.freebooksy.com/	
Free EBooks	Free Ebooks	Free Ebooks <a href="https://www.free-ebooks.net/">https://www.free-ebooks.net/</a>	



# NJSP DMI COVID-19 Resource Guide – Entertainment

Name	Description	Website	
Pluto TV	Free streaming of TV shows for kids.	https://pluto.tv/welcome	
Kanopy TV	Free streaming of TV shows for kids. (requires a library card)	https://www.kanopy.com/kids	
Metropolitan Opera	Free nightly streaming during COVID-19 closures.	https://www.metopera.org/about/press-releases/met-to-launch-nightly-met-opera-streams-a-free-series-of-encore-live-in-hd-presentations-streamed-on-the-company-website-during-the-coronavirus-closure/?fbclid=IwAR14mDjjOvqBCN9zU1q-SqCla0uf-SjORR10WxEtbk98N3WPuG09B1It6k0	
Detroit Symphony Opera	Free webcast archives and streaming of the DSO.	https://livefromorchestrahall.vhx.tv/browse	
Google Arts & Culture	Explore national parks and museums through virtual tours.	https://artsandculture.withgoogle.com/en-us/national-parks- service/parks	
Travel and Leisure	12 famous museums with virtual tours.	https://www.travelandleisure.com/attractions/museums- galleries/museums-with-virtual-tours	
Google Arts & Culture	Free virtual museum tours.	https://artsandculture.google.com/partner?hl=en	
NPR's list of Virtual Concerts	A list of live virtual concerts to watch during the coronavirus shutdown. Archives can be found at the bottom of the list.	https://www.npr.org/2020/03/17/816504058/a-list-of-live-virtual- concerts-to-watch-during-the-coronavirus-shutdown	
Adventure Journal	A list of animal cams.	https://www.adventure-journal.com/2020/03/if-youre-stuck-inside-might-as-well-enjoy-this-list-of-animal-cams/?fbclid=IwAR1woJKSe9-Rt75C6rL zFALH4B-w7JCKSktGqPNp4EUqENXzmPcMmxcdPc	
Color Our Collections	Free coloring sheets from libraries, archives, and other cultural institutions around the world.	http://library.nyam.org/colorourcollections/	
Aaron Nigel Smith's The Big Up Show	Portland musician Aaron Nigel Smith is offering "Music & Movement Time for Kids", live every Friday at 10:30 am.	https://www.youtube.com/channel/UCaxyI10xdR4YGSBmBJ5SAVQ	
iHeartRADIO	24/7 Comedy show.	https://www.iheart.com/live/247-comedy-4902/	



# NJSP DMI COVID-19 Resource Guide – Self Care

Name	Coverage Area	Description	Website
Centers for Disease Control & Prevention	Nationwide	Emergency Responders: Tips for taking care of yourself	https://emergency.cdc.gov/coping/responders.asp
CDC Emotional Health	Nationwide	The outbreak of coronavirus disease 2019 (COVID-19), may be stressful for people and communities  Learn more about coping during COVID-19.	https://emergency.cdc.gov/coping/selfcare.asp
CDC Helping Children Cope	Nationwide	Caring for children during disaster	https://www.cdc.gov/childrenindisasters/helping-children-cope.html
Mrs. Webers Neighborhood	Online Resources	30+ Self-Care Ideas for Parents During COVID-19 Pandemic Productive Ideas.	http://mrswebersneighborhood.com/2020/03/13/self-care-ideas-for- parents-during-the-covid-19-pandemic/
Stanford Health Alerts	Nationwide	Guide to self-care: Coping with coronavirus	https://healthalerts.stanford.edu/2020/03/13/guide-to-self-care- coping-with-coronavirus/
SAMHSA Wellness Strategies	Nationwide	SAMHSA's programs and campaigns offer information, training, and technical assistance to improve the quality and delivery of behavioral health services across the nation.	https://www.samhsa.gov/programs
Child Mind Institute	Nationwide	Supporting Families during COVID-19: balance work, child care and self-care while keeping worries — both your children's and your own — under control.	https://childmind.org/coping-during-covid-19-resources-for-parents/
Fire Rescue 1	Nationwide	COVID-19: Simple steps firefighters can implement today	https://www.firerescue1.com/coronavirus-covid-19/articles/covid-19-simple-steps-firefighters-can-implement-today-rdpwgkjdXjdIQLPt/
EMS1	Nationwide	Self-care is critical for managing stress levels in EMTs and paramedics responding to COVID-19	https://www.ems1.com/mental-health/articles/self-care-is-critical-for-managing-stress-levels-in-emts-and-paramedics-responding-to-covid-19-tXvclhD64dZnqPqY/
Policeone.com	Nationwide	Coronavirus considerations for law enforcement	https://www.policeone.com/police-products/infection- control/articles/coronavirus-considerations-for-law-enforcement- for0uubfrYuriZaG/



### NJSP DMI COVID-19 Resource Guide – Health & Wellness

Name	Description	Website	
Headspace	Free online guided meditations.	https://www.headspace.com/covid-19	
Where are COVINA-19 testing centers in New Jersey?	Symptom check self assessment and testing center look-up	https://covid19.nj.gov/faqs/nj-information/testing-information/where-are- testing-centers-in-new-jersey	
Meditation	Meditation. It takes only 5-10 minutes and will bring you stress levels down.	https://www.youtube.com/user/Getsomeheadspace/videos	
NASP	Free tips and resources for how to talk to your kids about Coronavirus	https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource	
CDC	Free tips and resources for how to talk to your kids about Coronavirus	https://www.cdc.gov/coronavirus/2019-ncov/community/schools- childcare/talking-with-children.html	
Planet Fitness	Planet Fitness, one of the country's largest chain gyms, is offering free online classes for the next two weeks, starting March 16.	https://www.youtube.com/user/planetfitnessnh/videos	
Yoga With Adriene	Free yoga classes.	https://www.youtube.com/user/yogawithadriene	
CorePower Yoga	This popular yoga studio is offering free access to a selection of their online classes while they are closed to help stop the spread of COVID-19.	https://www.corepoweryogaondemand.com/keep-up-your-practice	
Grokker	Free access to online fitness / wellbeing classes through April 30.	https://grokker.com/individuals	
CLI Studios	Free dance classes.	https://www.instagram.com/clistudios/	
Francisco Gella Dance Works	Free dance classes - See Instagram post for schedule of live classes.	https://www.instagram.com/p/B9z7HCMHjDH/	
Stretch and Grow of the Rockies	Stretch and Grow of the Rockies is a kids health and wellness enrichment company that teaches children age-appropriate fitness and yoga routines.	https://www.youtube.com/channel/UCNi_Xu7vxDVz0X5Weh6aPdA	
Cosmic Kids	Cosmic Kids offers yoga lessons working on balance and strength on YouTube.  Episodes range between 2 minutes and 1 hour.	https://www.youtube.com/user/CosmicKidsYoga	
Fitness Blender	Fitness Blender offers hundreds of free workout videos ranging in difficulty, length, and body focus.	https://www.fitnessblender.com/videos	
Down Dog	Down Dog maintains five fitness and yoga apps that offer yoga practices or at-home workouts.	https://www.downdogapp.com/	
YMCA 360	YMCA 360 is an "on-demand" healthy living network	https://www.youtube.com/channel/UCOGt IpceP xQhhCMCrut A/videos	



### NJSP DMI COVID-19 Resource Guide – Volunteering/Donation Opportunities

Name	Coverage Area	Description	Website
Red Cross	Nationwide	Right now, the American Red Cross has an ongoing critical need for blood product donations as uncertainties remain during this coronavirus pandemic. Blood drives continue to be canceled at an alarming rate and patients need a sufficient blood supply throughout the many weeks of this crisis and beyond. Healthy individuals are needed to schedule an appointment to give in the days and weeks ahead to help patients counting on lifesaving blood, platelets or AB Elite plasma.	https://www.redcross.org/
Feeding America	Nationwide	Help food banks respond to COVID-19. Food banks are responding to COVID-19 by doing what they do best – feeding people in need.	https://www.feedingamerica.org/
Salvation Army	Nationwide	The Salvation Army of New Jersey is committed to meeting the needs of our community during the Coronavirus pandemic. Our corps community centers are prepared to assist those in need of emergency services, which includes our feeding programs. With the disproportionate risk to the senior population we are conducting an outreach to senior citizens in communities to ensure that they stay safe and that they have necessary provisions.	https://newjersey.salvationarmy.org/
Mend Hunger Relief Network	Essex County	Meeting Essential Needs with Dignity. MEND is an interfaith network of 20 member food pantries located throughout Essex County, NJ. MEND strengthens and supports its food pantry network by providing supplemental food, funds, volunteers, and a monthly forum for collaboration. MEND also advocates for policies to improve the quality of life for those in need in the County.	https://mendnj.org/
SJ Mutual Aid Network	South Jersey	The Salvation Army will remain Jersey Strong and continue to meet the needs of our communities for years to come.	https://docs.google.com/forms/d/e/1FAIpQLS dUTAWBd4f6XvZBgiS427DtGs7 vOuXWbBFVH tYSqMGa-yAYw/viewform?fbclid=IwAR0- yr6liPqwsvbm4 dphyx3Cc9Z9H73rwEK bW2J aEF8PbNsCFtBdU0J E
100 Million Mask Challenge	Statewide	Join the 100 Million Masks Challenge Anyone who knows how to sew can help protect the doctors, nurses, and caregivers on the frontlines in the fight against COVID-19.	https://millionmaskschallenge.com/masks-in- need-in-new-jersey/
Fulfill	Monmouth & Ocean Counties	Fulfill's mission is to alleviate hunger and build food security in Monmouth & Ocean Counties and to make sure that all people at all times have access to enough nutritious food to maintain an active and healthy life. 732-918-2600	https://fulfillnj.org/get-help/locate-a- pantry/?gclid=EAIaIQobChMIkYeYiPiX6AIVB7z ACh1ZGAxPEAAYASAAEgKyC D BwE



For questions or to add a resource, email us at <a href="mailto:DMI@gw.njsp.org">DMI@gw.njsp.org</a>. Please include the following when requesting to add a resource: the resource topic title and applicable information needed.