

# UPCOMING EVENTS

- **Lunch Brunch Every Thursday!**  
(12:00pm- 1:00pm)  
RM: GSUB312
- **Know Your Rights: Understand Immigration Rights Resources**  
March 20, 2019  
(1:00pm - 3:00pm)  
RM: GSUB129
- **The Art of Badassary with Jenn Cassetta**  
March 25, 2019  
(4:00pm - 6:00pm)  
RM: Hepburn 202
- **A Healthy Lifestyle: Practical Nutrition & Physical Activity**  
March 26, 2019  
(10:30pm - 12:00pm)  
RM: Community Center Space

**NEW JERSEY  
CITY UNIVERSITY**



**COMMUNITY  
CENTER**

**THE COMMUNITY CENTER'S  
MISSION IS TO BE SEEN AS A PLACE WHERE  
MYRIAD SUPPORT AND  
RESOURCES ARE AVAILD OF IN A  
STIGMA-FREE AND WELCOMING  
ENVIRONMENT FOR ALL.**

# UPCOMING EVENTS

## (CONTINUED)

- **Mindfulness with Tracy Fink**  
April 1, 2019  
(2:00pm - 4:00pm)  
RM: GSUB 129
- **Supporting the Mental Health of Undocumented Immigrant Students**  
April 3, 2019  
(12:00pm - 1:30pm)  
RM: GSUB 317
- **Courageous Conversations**  
April 16, 2019  
(2:00pm - 3:00pm)  
RM: CC Space
- **Stress Management Awareness**  
April 18, 2019  
(11:00pm - 2:00pm)  
RM: GSUB 129 & CC Space

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