

Wellness Webinar: Managing Diabetes and Prediabetes



Do you or someone you love have diabetes?

More than 100 million U.S. adults are now living with diabetes or prediabetes¹, so it's likely you, a friend or family member has been directly impacted by this condition. Please join us for this session, which covers diabetes complications, testing methods, nutrition and more.

[Register now](#) for this webinar.

This webinar series is specifically designed for our corporate and State Health Benefits Program/School Employees' Health Benefits Program group members, so register with your work email. Once we receive your registration, we will email your confirmation with instructions for joining the session. Space is limited.

If you are not able to access the registration link above, please copy and paste this address into your browser:

<https://horizonsalestraining.webex.com/horizonsalestraining/onstage/g.php?MTID=e09f7c03e9812dd9e7572c3bd1b35ac02>

**Horizon BCBSNJ
Wellness Webinar
Managing Diabetes
and Prediabetes
November 13, 2019
12 p.m., Eastern Time**

We want you to have the information you need to manage your health. Our Wellness Webinars are for general informational purposes. Talk with your doctor about specific questions you may have about your health.

¹ Source: Centers for Disease Control and Prevention

Once you register for this session, you may receive future emails from Horizon Blue Cross Blue Shield of New Jersey.

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