



NJCU is pleased to offer health care coverage including medical, dental and prescription coverage to eligible employees through the New Jersey State Health Benefits Program. The Open Enrollment Period for New Jersey State Health Benefits Program (SHBP) is held once each year in October. All changes become effective for the next calendar year (January 1). Employees who wish to change their health and/or dental benefit plans and/or drop or add coverage for family members can do so during the annual open enrollment period.

### Health Care Providers and Resources

NJCU offers multiple medical plan options. These plans are administered through the University and the New Jersey State Benefits Program. Employees are eligible to enroll in a Preferred Provider Organization (PPOs) plan, a Health Maintenance Organization (HMOs) plan or one of the High Deductible PPO plans. The cost associated with each of the plans is determined by several factors including the employee's annual salary, the plan selected and the level of coverage (i.e.: single, family, etc.).

[State Health Benefits Summary of Health Benefits and Coverage](#)