



## State of New Jersey

DEPARTMENT OF LABOR AND WORKFORCE DEVELOPMENT  
DIVISION OF TEMPORARY DISABILITY AND FAMILY LEAVE INSURANCES

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### Should I file for N.J. Family Leave Insurance (FLI)?

File a claim for family leave insurance if **you are**:

- bonding with a newborn child in the first year,
- bonding with an adopted child in the first year of placement, or
- caring for a family member with a serious health condition.

**The easiest way to file a FLI claim is online at [myLeaveBenefits.nj.gov](http://myLeaveBenefits.nj.gov)**  
It's safe and secure. Plus, you have the added feature of being able to start the claim process early, up to 14 days in advance of your first day of leave. Then, complete and submit the claim online after your first day of leave.

### When you file your claim online, have this information available:

- Dates you worked for any employers in the last year, the employers' contact information and the address where you worked.
- Dates of any paid time off or other benefits you received after the first day of leave.
- Dates of any intermittent weeks (for a bonding claim) or intermittent days (for a care claim) for which you have taken leave.
- The name, address, and date of birth of the child you are bonding with or the family member for which you are caring.
- Date you want your benefits to end.

### Important Information About Applying for Family Leave Insurance (FLI)

New Jersey's Family Leave Insurance does not guarantee job protection. Ask your employer if you are eligible for benefits under the federal Family and Medical Leave Act (FMLA), which contains some job protections. Family Leave Insurance claims require information from you, your care recipient's health care provider (care claim only) and your employer. It is your responsibility to see that each part of the application is completed. All parts can be completed online. After you complete your part, you will get a unique "Online Form ID" to bring your care recipient's health care provider and employer(s), so they can provide information needed for your claim.

**File a claim online today at: [myLeaveBenefits.nj.gov](http://myLeaveBenefits.nj.gov)**

**If you submit duplicate applications, payment of your benefits will be delayed.**

For more information about the FLI program or to download a paper application visit our website: [myLeaveBenefits.nj.gov](http://myLeaveBenefits.nj.gov)