



Hello,

We'd like to share some exciting news regarding NJWELL enhancements and updates for the new Program Year that began on November 1, 2016.

We are happy to announce a more convenient and easy way for members to obtain a Biometric Screening and earn points towards their financial rewards. Additionally, we have added three new health screenings which will earn NJWELL points. The points required to earn a reward (400 – 725) remain the same as last year, as does the financial reward (up to \$250). Depending on your health plan, you may have new reward options.

#### **NEW PROCESS FOR BIOMETRIC SCREENINGS:**

All participants must register for the [My.QuestForHealth.com](http://My.QuestForHealth.com) portal, using the registration key of NJWELL, to access their options for a Biometric Screening.

**AETNA MEMBERS:** There are two ways to obtain a Biometric Screening:

- Schedule an appointment with your physician to complete your Biometric Screening and earn 100 points. Download the Physician Results Form and take it with you to your appointment for completion. Submit the form through the [My.QuestForHealth.com](http://My.QuestForHealth.com) portal;
- **OR** schedule an appointment for a no-cost Biometric Screening at Quest Diagnostics using the [My.QuestForHealth.com](http://My.QuestForHealth.com) portal. There is no fasting required and you may take any regularly scheduled medications as usual.

**HORIZON MEMBERS:** Schedule an appointment with your physician to complete your Biometric Screening and earn 100 points. Download the Physician Results Form and take it with you to your appointment for completion. Submit the form through the [My.QuestForHealth.com](http://My.QuestForHealth.com) portal.

#### **NEW HEALTH SCREENINGS WHICH EARN POINTS:**

Dental Exam – 25 points

Vision Exam – 25 points

Annual Gynecological Exam – 25 points

#### **NEW REWARD OPTIONS:**

**AETNA MEMBERS** – Reach initial points goal (400-525) and you can select a MasterCard/Visa Prepaid Card and/or a retail gift card (electronic or physical). MasterCard/Visa Prepaid Cards are mailed within 4-6 weeks. Electronic retail gift cards are issued within 24 hours of selection; physical retail gift cards are issued within 4-6 weeks

**HORIZON MEMBERS** – Reach initial points goal (400-525) and a Visa Prepaid Card will be mailed to you within 4-6 weeks

Our website has been updated with the above information along with the “3 Steps to Wellness and Rewards” video describing the Program and process. An updated flyer is also attached for your reference. Please share this information.

Thank you again for your interest in the NJWELL Program!

<http://www.nj.gov/njwell/>